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Date: 18th April, 2024

To Whom So Ever It May Concern

This is to state that the list of extension and outreach activities along with their proofs from the year 2018-23 are attached herewith. The table given below specifies the number of activities conducted in each year.

3.4.3. Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years

S.No.	Year	Number of extension and outreach programs conducted by the institution through NSS/NCC	Page No.
1	2018-19	12	13-24
2	2019-20	20	25-44
		11	45-56
3	2020-21		57-71
4	2021-22	15	
5	2022-23	25	72-96
	Total	83	215

*Attached Documents:

1. Consolidated list of all events.

2. Detailed report with photographs for each extension and outreach program with specific mention of number of students participated and collaborated agency.

> Prof. Rajni Sahni (IQAC, Convenor)

(Principal)

3.4.3 Number of extension and outreach programs conducted by the institution through organized forums including NSS/NCC with involvement of community during the last five years			
Name of the Activity	Organising unit/agency/collaborating agency	Name of the scheme	Year of the activity
Cleanliness Drive in College: Swacchta Pakhwara	NSS, Daulat Ram College	Extension activity where students learned about keeping their environment clean in College	2018-19
Spinal Cord Injury Awareness Rally at Rajpath to spread awareness on Spinal Cord Injury among the community	NSS- organised in collaboration with Indian Spinal Injuries Centre	Community Outreach program as community was made aware of how to prevent spinal injuries	2018-19
Blood Donation Camp at Daulat Ram college	NSS- organised in collaboration with Red Cross Society	Community Outreach activity as blood was donated for the community	2018-19
Winter Clothes Donation Drive (in North Campus- Delhi University)	NSS, Daulat Ram College	Community Outreach activity for social service in donating food and clothes to the deprived people in the community	2018-19
Walkathon: Road Safety Awareness drive in association with Delhi police where students raised slogans and spread awareness in the community about road safety at India Gate	NSS DRC in association with Delhi Police	Community Outreach Activity about spreading awareness on road safety in the community	2018-19
Sapling Plantation Drive in college premises for infusing a sense of environmental awareness	NSS- in collaboration with ECO Club, DRC	Extension activity as students planted saplings and learned how to take care of the plants	2018-19
Self Defence Workshop: they learned techniques to safeguard themselves against harassment, eve teasing, physical abuse	NSS- organised in collaboration with Delhi Police	Extension activity as students benefited from the techniques to protect themselves physically in collaboration with Delhi Police	2018-19
Donation drive for distributing sanitary items to under privileged women in the NGO Delhi foundation for deaf women	Special planet - The development centre, Delhi foundation of deaf women, God Gives NGO	Community Outreach activity to give donations to underprivileged women and children	2018-19
Sensitization towards Elderly	NSS Daulat Ram College	Community Outreach as elderly from Old age homes were invited and honoured and students learned important human values of love and affection	2018-19
Waste collection drive- Swachh Bharat Summer Internship (SBSI) in Daulat Ram college and North Campus of Delhi University and surrounding areas	NSS, Daulat Ram College	Community Outreach activity as students were actively engaging in community cleanliness work to maintaining a clean environment	2018-19
Awareness campaign in school- Swachh Bharat Summer Internship (SBSI)	NSS, Daulat Ram College	Community Outreach activity as students visited a school to spread	2018-19

		awareness on cleanliness among school children	
Awareness campaigns in slum- Swachh Bharat Summer Internship (SBSI)	NSS, Daulat Ram College	Community Outreach activity as students visited a slum in cigarette park to spread awareness on cleanliness and solid waste management in the community	2018-19
Swacchta Pakhwara :students visited a slum area to sensitise residents to keep their environment clean	NSS, Daulat Ram College	Community Outreach activity as students visited the Cigarette bagh to spread awareness to keep their locality and surrounding clean and hygienic	2019-20
Waste collection drive where students cleaned the area in and around the college	NSS, Daulat Ram College	Community Outreach activity as students collected waste from outside the college premises for benefit of the community to keep their environment clean	2019-20
Blindfold Walk where NSS volunteers were blindfolded and VC students helped them to have a blindfold walk in the Campus and spread awareness about eye donation in the community	NSS DRC in association with SAKSHAM	Community Outreach activity where students helped to spread awareness on helping Visually challenge students and motivating people to donate eyes to fight corneal blindness	2019-20
Summer Donation Drive for donating stationary and toiletries among four different NGO's	NSS, Daulat Ram College	Community outreach activity to help the orphanage children in the NGO's	2019-20
Blood Donation Camp in college in collaboration with Hindu Rao Hospital	NSS, DRC and Hindu Rao Hospital	Community Outreach activity as the blood collected was given to the Hindu Rao Hospital for patients who need it	2019-20
Padyatra promoting importance of non-violence	NSS Daulat Ram College	Extension Activity as students marched in the college premises spreading awareness about nonviolence through posters and placards	2019-20
Shramdaan' activity focusing on plastic waste cleanliness and segregation drive around the North campus, Delhi University	NSS, Daulat Ram College	Community Outreach activity as community members were made aware of waste management	2019-20
Plog run activity to pick up plastic waste around North Campus, Delhi University to keep the environment clean	NSS, Daulat Ram College under Swacchata abhiyan and Fit India initiative	Community Outreach activity as students ran around the North Campus to spread awareness to keep the environment clean	2019-20
Donation Drive to donate winter clothes to North Campus area	NSS, Daulat Ram College	Community Outreach activity as woollens were donated by students amongst the needy around North Campus area	2019-20

Walkathon was a Fit India initiative where students conducted a walk with placards to spread awareness about keeping physically fit and healthy in the community	NSS, Daulat Ram College	Community Outreach activity as students walked in the streets promoting awareness on health and fitness in the community	2019-20
Road Safety Workshop was organised by Delhi Traffic police in college to spread awareness of traffic rules	NSS, Daulat Ram College	Extension activity as students became aware of Traffic signs and rules form Delhi Traffic Police people	2019-20
Self-Defence Training Programme in college to learn self-defence techniques in collaboration with Delhi Police	Delhi Police	Extension activity where students learned the skills of self-defence	2019-20
Students were made aware of Child sexual abuse and POCSOA in college by Sakshi NGO	Sakshi, NGO	Extension activity involving gender sensitization	2019-20
Talk on "Digital Detox" by Brahma Kumaris to make students aware of the harmful effects of social media and smart phones	NSS, Daulat Ram College	Extension Activity to benefit students to learn about the harmful effects of internet abuse	2019-20
Himachal Trekking Camp where Cadets learned skills of mountain climbing	NCC, 1 Delhi Girls Battalion, Govt of India	Extension activity where students went to Himachal Pradesh to gain training in mountain climbing which could benefit in any crisis situation	2019-20
Combined Annual Training Camp, CATC where cadets learned about map-reading, weapon training and soft skills	NCC, 1 Delhi Girls Battalion, Govt of India	Extension activity as students learned about map reading and other skills pertaining to military which could help the country in times of crisis	2019-20
All India Thal Sena Camp for training in tent pitching	NCC, 1 Delhi Girls Battalion, Govt of India	Extension activity as Cadets learned about tent pitching	2019-20
Swachata Pakhwada was a cleanliness awareness drive near North Campus area of Delhi University	NCC , Daulat Ram College	Swachh Bharat Abhiyan was a community outreach program to benefit the society by making them aware of clean environment	2019-20
Breast Cancer Awareness Seminar was organised by Fortis Hospital to spread awareness on Self Breast Examination	NCC Daulat Ram College and Avon	Extension activity as students became aware of self-breast examination skill.	2019-20
PM Rally Para Slithering where students learned about the skills of descending down from the helicopter	NCC, 1 Delhi Girls Battalion, Govt of India	Extension activity as students learned about helicopter descent which will help cadets to evacuate people in crisis	2019-20
Homemade mask Making Activity to prevent spreading of COVID in the community ,and students made masks which were distributed in the community(police stations, etc)	NSS, Daulat Ram College	Community Outreach activity as community service was done by donating masks to the community to prevent the spread of Covid in the community	2020-21

Awareness Campaign through social media about the do's and don'ts of COVID 19 by our students	NSS, Daulat Ram College	Community Outreach activity as students made the community people aware of COVID-19 precautions	2020-21
Webinar on 'Waste Management' in association with the Vrikshit Foundation	NSS, Daulat Ram College	Extension activity where students learned about various ways to manage waste	2020-21
Plantation Drive where students planted saplings in and around their homes to make the environment green	NSS, Daulat Ram College	Community Outreach Activity where students planted saplings to make the environment green and clean	2020-21
Gender issues seminar	NSS, Daulat Ram College	Extension activity for students spreading awareness on Gender Sensitization	2020-21
Winter Crusade - Two Day Winter Donation Drive	NSS, Daulat Ram College	Community Outreach activity as it involved social service	2020-21
Food Donation Drive: Hunger alleviation program	NSS, Daulat Ram College	Community Outreach activity as food items were donated to underprivileged sections of the society	2020-21
National Road Safety Awareness Month	NSS, Daulat Ram College	Extension activity where students learned about Road Safety rules	2020-21
Anti COVID Task Force: to spread awareness on COVID in the community	NSS, Daulat Ram College	Community Outreach activity as awareness programs were organised for the community about Covid and taking care of mental health during Covid.	2020-21
CORONA HELP DESK: providing resources to cope with Covid to the community	NSS and NCC of Daulat Ram College	Community Outreach as news update was provided on the website about Corona to help the patients know about the latest resources to cope with it	2020-21
Tree Plantation activity was carried out by students in and around their homes to inculcate pro-environment behaviour	NCC, Daulat Ram College	Community Outreach activity as it involved Tree Plantation Pakhwada in the community for a greener environment	2020-21
Plantation Drive- students planted more than 400 saplings near their homes	NSS, Daulat Ram College	Community outreach initiative as students planted saplings for a greener environment	2021-22
Paper Bags making from waste papers as a part of World Paper Bag Awareness program spreading awareness about recycling waste and donating the bags to the vendors and shopkeepers.	NSS, Daulat Ram College	Community outreach activity as students made paper bags and distributed to the vendors and shopkeepers in the nearby areas.	2021-22
Feed a Stray Activity- students fed 710 stray animals	NSS, Daulat Ram College	Community Outreach activity as students extended a hand of compassion to stray animals of the community	2021-22

Stationery Donation Drive: students collected stationary items and donated 5000 items to 1320 people in slum and orphanage near college	NSS, Daulat Ram College	Community Outreach activity where students collected stationery items and distributed them to the people in the community as a part of the literacy drive	2021-22
Neighbourhood Cleanliness Drive under swacchata Pakhwada students were involved in cleaning different places in cities as Delhi, Gurugram etc.	NSS, Daulat Ram College	Community Outreach activity as students were actively cleaning the cities nearby for maintaining a clean environment	2021-22
Food Donation drive where food was distributed to the 'Missionaries of Charity', a children's orphanage based in Civil Lines, Delhi	NSS, Daulat Ram College	Community Outreach activity as food was donated to orphan children in the community	2021-22
Plantation drive-students inspired people from other cities to plant saplings and planted more than 700 saplings	NSS, Daulat Ram College	Community Outreach activity as a part of project Avni to sow saplings in an effort to increase oxygen in the environment to benefit everyone	2021-22
As a part of Clean India Initiative, students collected waste from areas near the college and handed over to garbage disposal van of MCD	NSS, Daulat Ram College	Community outreach activity where students collected waste from Patel Chest, college etc and segregated it for proper waste disposal	2021-22
Reusing Single-use plastic waste to Make Art- students used single use plastic and Reused the Waste to Make Art and spread awareness of harmful effects of single use plastic	NSS, Daulat Ram College	Extension activity in college where students collected plastic bottles etc and turned it into a piece of creative art creating a cleaner environment	2021-22
Webinar on Gender Based Violence to spread awareness about Gender Violence	NSS, Daulat Ram College	Extension activity as students benefited from information on Gender sensitization	2021-22
Shelter for stray animal Drive	NSS Daulat Ram College	Community outreach activity since during harsh winters students provided shelter for stary animals and spread awareness in the community	2021-22
Students participated in a webinar to become aware about 'Breast Cancer and Cervix Cancer'	In collaboration with Dharamshila Cancer Foundation and Research Centre	Extension activity as students benefited from the information prodded about breast cancer	2021-22
Plant for Tomorrow Drive engaged students in planting saplings in college and around their homes	NSS, Daulat Ram College	Community Outreach activity as students were not only planting saplings but were also actively taking care of the small saplings for a green environment	2021-22
Students engaged in COVID Help Desk during the Pandemic for the Community	NCC, Daulat Ram College	It was a community Outreach Initiative during the PANDEMIC to provide information about the Pandemic that would help the patients	2021-22

Students took part in Awareness Rally and street play in our adopted village Sangam Park to spread awareness about the ills of single use plastic	NCC, Daulat Ram College	Community Outreach activity where students spread Awareness against Ills of single use plastic in the community of Sangam park.	2021-22
Monthly Food Donation Drive helped in donating food and clothes to "Missionaries of Charity', a children's orphanage based in Civil Lines in Delhi	NSS, Daulat Ram College	Community outreach activity where students donated items for orphans in Delhi	2022-23
Influenza Vaccination Camp where NSS students spread awareness about influenza and made all the students of DRC aware about the necessity of vaccination for influenza	Daulat Ram College, Aggarwal Vaish welfare trust, Indraprastha education research and charitable trust	Extension activity where students gained information about benefits of influenza vaccination	2022-23
Students visited a Slum and donated stationary items	Sewa Bharti Kendra, D Block, Madipur	Community Outreach activity where children in the slums were donated stationary items	2022-23
Webinar on "Protection against sexual abuse towards Children"	NSS, Daulat Ram College	Extension activity as students became aware about sexual abuse	2022-23
Students participated in the Health Check Up Medical Camp in the college	Aggarwal Vaishya Welfare Trust	Extension activity as students became aware about health and benefits of check up.	2022-23
Under the Multiple Food Donation Drives under Project Avni,students donated food and clothes to the needy in a Railway Basti and tom uncles point near the college	NSS, Daulat Ram College	Community Outreach activity where students were actively involved in Food donation drive under Project Itminaan to help the needy people in the community	2022-23
Fitness and Cleanliness Drive: Fit India initiative students engaged in various fitness activities and picked up litter in an around north Campus, University of Delhi	NSS, Daulat Ram College	Outreach activity where students learned ways to keep fit and keep the Campus clean	2022-23
Sanitation and Cleanliness Drive	NSS, Daulat Ram College	Community outreach activity as students cleaned the area in North Campus, Delhi university	2022-23
Teaching underprivileged children under teach India initiative	NSS, Daulat Ram College	Community Outreach activity where children form Virmani Public school were nurtured and taught for a year and a students mela was organised for their interaction and cultural activities.	2022-23
Students donated blood in the Blood Donation Camp	Collaborating Agency - Lions Club Delhi	Community Outreach activity as students donated blood for the community in collaboration with Lions Club Delhi	2022-23

Students engaged in Cloth Donation Drive to the homeless and addicts in an NGO	NSS, Daulat Ram College	Community Outreach Activity where students donated clothes for homeless and addicts	2022-23
Self Defence Workshop they learned techniques to safeguard themselves against harassment, eve teasing, physical abuse	NSS- organised in collaboration with Delhi Police	Extension activity as students benefited from the techniques to protect themselves physically in collaboration with Delhi Police	2022-23
Road Safety Awareness was organised under Swachata Pakhwara where students marched in the Campus spreading awareness about road safety using placards	NSS, Daulat Ram College	Community Outreach activity where students were involved in spreading awareness about road safety rules in the community in the Campus area	2022-23
Webinar on "Ed-Tech Model in Braille"	NSS, Daulat Ram College	Extension activity as students benefited learning about technologies that would enable the VCS in communication and academic work	2022-23
Students engaged in a Plantation drive in college for a greener environment	NSS, Daulat Ram College	Extension activity as students learnt the value of green environment and planted saplings for the cause	2022-23
Sanitary Kits: Donation and Distribution Drive	NSS, Daulat Ram College	Community Outreach as sanitary kits were donated to the community in T Huts around the college	2022-23
Cleanliness Drive	NSS Daulat Ram College	Community Outreach activity as students spread awareness about public cleanliness in and around college campus, DU	2022-23
Students participated in the Yaumna Cleaning Drive under Yamuna Sansad at the banks of river Yamuna	In collaboration with Dhara Eco Club	Community Outreach activity as students spread awareness about keeping the Yamuna river clean with placards reading cleanliness messages for the community	2022-23
Volunteers helped the Visually Challenged Students (VCS) with their assignments, guided them in college tours and helped them in college	NSS, Daulat Ram College	Extension activity as volunteers helped fellow VCS in their academic work	2021-22
Students participated in Army attachment camp as a part of NCC unit	DG NCC, Govt of India	Extension activity where students took training in military tactics	2022-23
Students engaged in Donation Drive for blind children by distributing food, clothes etc	NCC, Daulat Ram College	Community Outreach activity as students donated books, clothes, food to the blind children	2022-23
Pollution Awareness Drive: Students were actively participating in making posters for environmental awareness and enacted a nukkad play spreading awareness about pollution.	NCC, Daulat Ram College	Extension activity where students displayed posters and performed nukkad natak as awareness program for a pollution free environment in college	2022-23

Sanitary Pad Distribution Drive in North Campus area in Delhi University	NCC, Daulat Ram College	Community Outreach activity where students distributed sanitary pads in the Delhi University campus	2022-23
SHATABADI VRIKSHAROPAN 2022- Plantation Drive	Garden Committee in association with University of Delhi	Community Outreach activity as students were not only planting saplings but were also actively taking care of the small saplings for a green environment	2022-23
Kalptaruh Plantation Drive	Garden Committee in association with Brahma Kumaris	Extension activity as students planted saplings and learned how to take care of the plants	2022-23

Table of Contents

CLEANLINESS DRIVE IN COLLEGE- SWACHHTA PAKHWARA	13
SPINAL CORD INJURY AWARENESS RALLY AT RAJPATH	14
BLOOD DONATION CAMP AT DAULAT RAM COLLEGE	15
WINTER CLOTHES DONATION DRIVE (IN NORTH CAMPUS- DELHI UNIVERSITY)	16
WALKATHON : ROAD SAFETY AWARENESS DRIVE IN ASSOCIATION WITH DELHI POLICE AT IND	
SAPLING PLANTATION DRIVE IN COLLEGE PREMISES	18
SELF-DEFENCE WORKSHOP IN ASSOCIATION WITH DELHI POLICE	19
DONATION DRIVE FOR DISTRIBUTING SANITARY ITEMS	20
SENSITIZATION TOWARDS ELDERLY- TO TEACH IMPORTANCE OF LOVE AND AFFECTION TOWA	
WASTE COLLECTION DRIVE IN COLLEGE AND AROUND NORTH CAMPUS- SWACHH BHARAT SUM INTERNSHIP (SBSI)	
AWARENESS CAMPAIGN IN SCHOOL- SWACHH BHARAT SUMMER INTERNSHIP (SBSI)	23
AWARENESS CAMPAIGNS IN ADOPTED SLUM (CIGERATTE WALA BAGH) - SWACHH BHARAT SUI	MMER
SWACHHTA PAKHWARA AWARENESS CAMPAIGN IN ADOPTED SLUM	25
WASTE COLLECTION DRIVES IN AND AROUND THE COLLEGE	26
BLINDFOLD WALK TO MOTIVATE COLLEGE STUDENTS AND COMMUNITY FOR DONATION OF EY	ES 27
SUMMER DONATION DRIVE FOR DONATING STATIONERY AND TOILETRIES	28
BLOOD DONATION CAMP	29
PAD YATRA- PROMOTING IMPORTANCE OF NON-VIOLENCE	30
'SHRAMDAAN' FOCUSING ON WASTE COLLECTION IN AND AROUND THE COLLEGE	31
PLOG RUN ACTIVITY TO PICK UP PLASTIC WASTE AROUND NORTH CAMPUS, DELHI UNIVERSITY KEEP THE ENVIRONMENT CLEAN	Y TO 32
DONATION DRIVE TO DONATE WINTER CLOTHES TO NORTH CAMPUS AREA	33
WALKATHON: TO SPREAD AWARENESS ABOUT PHYSICAL FITNESS IN THE COMMUNITY	34
ROAD SAFETY WORKSHOP	35
SELF-DEFENCE TRAINING PROGRAMME	36
CHILD SEXUAL ABUSE AND POCSOA	37
TALK ON "DIGITAL DETOX": AWARENESS TALK ABOUT HARMFUL EFFECT OF SOCIAL MEDIA	38
HIMACHAL TREKKING CAMP: TRAINING IN MOUNTAIN CLIMBING	39
COMBINED ANNUAL TRAINING CAMP, CATC: TRAINING IN MAP READING, WEAPON TRAINING A SOFT SKILL IN MILITARY	
ALL INDIA THAL SAINIK CAMP: TRAINING IN TENT PITCHING	41

CLEANLINESS DRIVE IN NORTH CAMPUS, DELHI UNIVERSITY - SWACHTA PAKHWADA	42
BREAST CANCER AWARENESS SEMINAR	43
PM RALLY PARA SLITHERING: TRAINING IN DESCENDING DOWN FROM THE HELICOPTER	44
HOMEMADE MASK MAKING ACTIVITY: TO PREVENT THE SPREAD OF COVID IN THE COMMUNITY	45
AWARENESS CAMPAIGNS ON SOCIAL MEDIA ABOUT COVID 1919	46
WEBINAR ON 'WASTE MANAGEMENT' IN ASSOCIATION WITH THE VRIKSHIT FOUNDATION	47
PLANTATION DRIVE	48
GENDER ISSUES SEMINAR	49
WINTER CRUSADE- WINTER DONATION DRIVE	50
FOOD DONATION DRIVE- HUNGER ALLEVIATION PROGRAMME	51
ROAD SAFETY AWARENESS	52
ANTI-COVID TASK FORCE	 5 3
CORONA HELP DESK	5 5
TREE PLANTATION ACTIVITY	56
PLANTATION DRIVEPLANTATION DRIVE	57
PAPER BAG MAKING ACTIVITY: RECYCLING WASTE PAPER TO USEFUL FOR COMMUNITY	58
FEED A STRAY ACTIVITY: FEEDING STRAY ANIMALS IN THE NEIGHBOURHOOD	59
STATIONERY DONATION DRIVE NEARBY SLUMS AND ORPHANAGES TO DONATE VARIOUS STATIONERY ITEMS	60
NEIGHBORHOOD CLEANLINESS DRIVE UNDER SWACHHTA PAKHWADA,	
FOOD DONATION DRIVE- UNDER HUNGER ALLEVIATION PROGRAM	
PLANTATION DRIVE IN DIFFERENT CITIES OF INDIA	63
CLEAN INDIA INITIATIVE IN AND AROUND THE COLLEGE	64
REUSING SINGLE-USE PLASTIC WASTE TO MAKE ART	65
WEBINAR ON "ELIMINATION OF VIOLENCE AGAINST WOMEN"	66
SHELTER FOR STRAY ANIMALS DRIVE	67
'BREAST CANCER AND CERVIX CANCER'	
PLANT FOR TOMORROW	69
SETTING UP OF AN ONLINE COVID HELPDESK DURING THE SECOND WAVE OF THE PANDEMIC	70
AWARENESS RALLY AND NUKAD NATAK ON ILLS OF SINGLE USE PLASTIC	71
MONTHLY FOOD DONATION DRIVE	7 2
INFLUENZA VACCINATION CAMP	
SLUM VISIT- AWARENESS AND DONATION DRIVE	74
WEBINAR ON "PROTECTION AGAINST SEXUAL ABUSE TOWARDS CHILDREN"	7 5
UEALTU CUECVID CAMD	76

MULTIPLE FOOD DONATION DRIVE	
FITNESS AND CLEANLINESS DRIVE	78
SANITATION AND CLEANLINESS DRIVE	
TEACHING UNDERPRIVILEGED CHILDREN	80
BLOOD DONATION CAMP	81
CLOTH DONATION DRIVE	82
SELF DEFENCE CAMP IN COLLABORATION WITH DELHI POLICE	
ROAD SAFETY AWARENESS WEEK CELEBRATIONS	84
'WEBINAR ON 'ED-TECH MODEL IN BRAILLE'	85
PLANTATION DRIVE	86
SANITARY KITS: DONATION AND DISTRIBUTION DRIVEWALKATHON AND CLEANLINESS DRIVE	87
WALKATHON AND CLEANLINESS DRIVE	88
YAUMNA CLEANING DRIVE UNDER YAMUNA SANSAD	
HELPING VISUALLY CHALLENGED STUDENTS (VCS) IN ACADEMIC WORK	90
ARMY ATTACHMENT CAMP	91
DONATION DRIVE FOR BLIND CHILDREN	
POLLUTION AWARENESS DRIVE	93
SANITARY PAD DISTRIBUTION DRIVE IN NORTH CAMPUS, DELHI UNIVERSITY	94
SHATABADI VRIKSHAROPAN 2022- PLANTATION DRIVE	
KAI PTARIIH PI ANTATION DRIVE	96

Cleanliness Drive in College- Swachhta Pakhwara

Date: 3rd August, 2018

Number of students participated: 200

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: To commemorate Swachhta Pakhwara, under the positive initiative of Swachh Bharat Abhiyaan, the National Service Scheme Daulat Ram College Unit organised an oath taking ceremony on 3rd August. The ceremony witnessed the participation of more than 200 student volunteers, respected members of the non-teaching staff of the college, as well as teachers undertaking the pledge towards ensuring cleanliness in their surroundings.



NSS Volunteers with faculty members and Principal Madam taking oath at Rangshala in the college premises



NSS volunteers cleaning the college premises

This activity is given on page 5 of NSS Annual Report 2018-19

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202018-19.pdf#page=5

Spinal Cord Injury Awareness Rally at Rajpath

Date: 2nd September, 2018

Number of students participated: 80

Organizing unit/collaborating agency: NSS, Daulat Ram College with Indian Spinal Injuries Centre

Report: To increase awareness about spinal cord injuries, National Service Scheme, Daulat Ram College Unit organised a Poster Making with the Indian Spinal Injuries Centre. The competition, held in the Girls Common Room of the college witnessed more than 50 volunteers participating to display their creativity and skills through arts and crafts. National Service Scheme, Daulat Ram College (NSS DRC) took part in a rally organized by the Indian Spinal Injuries Hospital, Vasant Kunj, on 2nd September 2018 at Rajpath. The rally focused on the prevention and awareness about spinal injuries taking into account the forthcoming Spinal Cord Injury Day on 5th September. The rally witnessed a massive presence of over 2000 people, each wearing a T-shirt made exclusively for the rally to spread the motto of the rally: "Stop Spinal Cord Injury." The union members and around 80 volunteers of NSS DRC enthusiastically showed their presence for the same.

The below is the YOUTUBE LINK of the coverage of the event.

https://www.youtube.com/watch?v=ZmIPFCoRNQ0



Poster made by a student for the competition



NSS volunteers attending the awareness rally

This activity is given on page 6 of NSS Annual Report 2018-19

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202018-19.pdf#page=6

Blood Donation Camp at Daulat Ram College

Date: 18th September, 2018

Number of students participated: 151

Organizing unit/collaborating agency: NSS, Daulat Ram College with Red Cross

Report: The NSS Unit of Daulat Ram College successfully organized a Blood Donation Camp in association with the Red Cross on 18th September 2018 with the enthusiastic participation of 151 volunteers, out of which 29 volunteers successfully donated their blood and were awarded with a donor card by the Red Cross Society. The feeling of bliss was clearly visible on the faces of the donors as they gave the gift of life by donating their blood. Surbhi Chakraborty, a volunteer who donated blood remarked "This is an extremely satisfying and fulfilling experience. One, I am glad I got to have gotten the opportunity to go through."





NSS volunteers donating blood for social cause and the college banner can be seen behind the donors

This activity is given on page 8 of NSS Annual Report 2018-19

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202018-19.pdf#page=8

Winter Clothes Donation Drive (in North Campus- Delhi University)

Date: 14th January, 2019

Number of students participated: 10

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: On 14th January, 2019, NSS DRC donated winter clothes to the needy people in North Campus, University of Delhi. The donation drive was carried out by the NSS union members along with volunteers, who distributed the clothes to the deprived people near metro stations, markets and other areas near the campus. We are thankful to all the students and teachers who donated with generosity which enabled us to provide enough clothes to the ones in need.





NSS volunteers donating clothes to the needy people



This activity is given on page 10 of NSS Annual Report 2018-19

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202018-19.pdf#page=10

Walkathon: Road Safety Awareness drive in association with Delhi police at India Gate

Date: 4th February, 2019

Number of students participated: 15

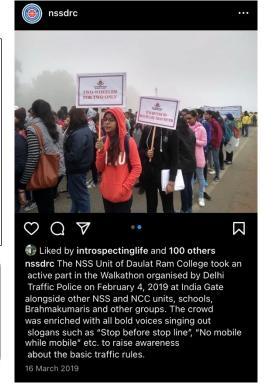
Organizing unit/collaborating agency: NSS DRC in association with Delhi Police

Report: The NSS Unit of Daulat Ram College took an active part in the Walkathon organised by Delhi Traffic Police on February 4, 2019 at India Gate alongside other NSS and NCC units, schools, Brahmakumaris and other groups. The crowd was enriched with all bold voices singing out slogans such as "**Stop before stop line**", "**No mobile while mobile**" etc. to make the public aware of the primary rules before the other technical ones. This was to sensitise the people towards the increasing number of road accidents and the innumerable reasons which we don't even look into. The organisers successfully ensured the participation of all age groups in the rally leading to a better impact of the same.



NSS
volunteers
participating
in the
walkathon
organized by
Delhi PolicePosted on
social media
platform

POST SHARED ON 16 MARCH 2019



This activity is given on page 12 of NSS Annual Report 2018-19

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202018-19.pdf#page=12

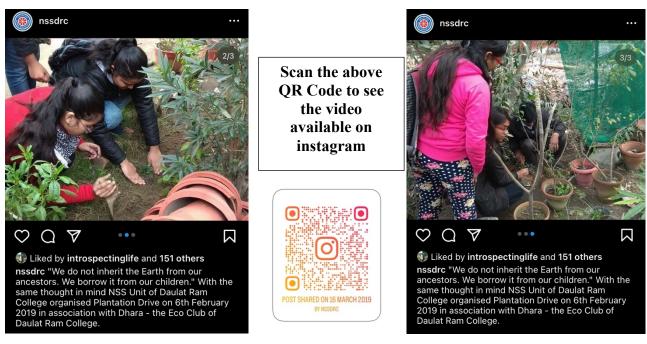
Sapling Plantation Drive in college premises

Date: 6th February, 2019

Number of students participated: 20

Organizing unit/collaborating agency: NSS, Daulat Ram College and Dhara Eco-Club, Daulat Ram College

Report: "We do not inherit the Earth from our ancestors. We borrow it from our children." With the same thought in mind NSS Unit of Daulat Ram College organized Plantation Drive on 6th February 2019 in association with Dhara - the Eco Club of Daulat Ram College. Around 20 students planted 10 saplings with the assistance of the college gardener. An eco-oath was administered by NSS Data Handler Somya Goel and students pledged to plant more and more trees and take care of them. They were guided by the college gardener on how to take care of plants. The aim of the drive was to infuse a sense of environmental awareness in the students. The students actively took part in the event and showed enthusiasm in planting the saplings.



This activity is given on page 13 of NSS Annual Report 2018-19

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202018-19.pdf#page=13

NSS activities are listed in College Annual Report 2018-2019, pages 59-60 https://www.dr.du.ac.in/files/Reports/Scan%202018-19.pdf#page=61

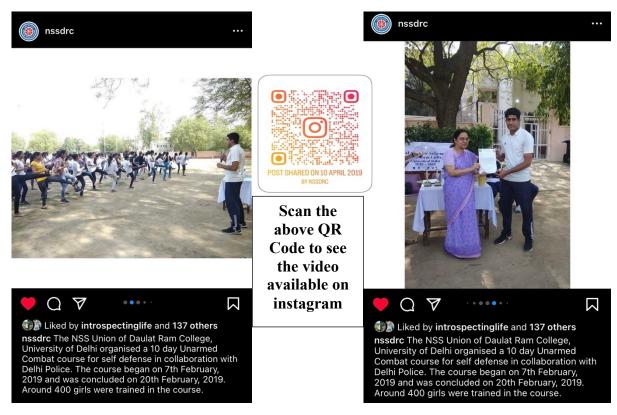
Self-Defence Workshop in association with Delhi Police

Date: 7th February 2019 to 20th February 2019

Number of students participated: 500

Organizing unit/collaborating agency: NSS, Daulat Ram College with Delhi Police

Report: National Service Scheme, Daulat Ram College in collaboration with Delhi Police organised Self Defence Training Workshop for 500 students from 4th February to 20th February of 10 days. Through the course of the training girls learned essential skills to help defence themselves against harassment, eve-teasing, physical abuse and other imposing dangers. The instructors Ravi Dutt, Shakti Singh, Sonal and Nishu taught the girls the that defence is not only protection of the body but also of the mind and its buoyancy.



This activity is given on page 14 of NSS Annual Report 2018-19

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202018-19.pdf#page=14

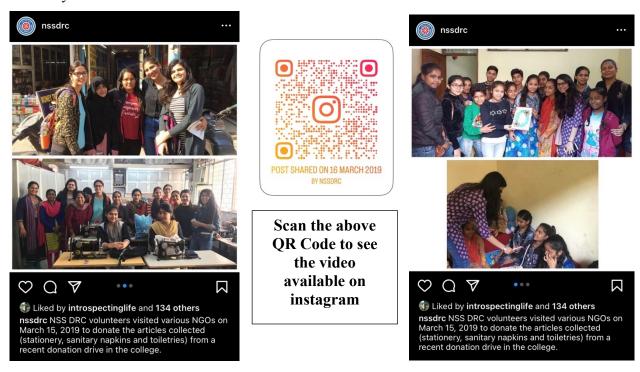
Donation Drive for distributing sanitary items

Date: 15th March, 2019

Number of students participated: 5

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: NSS Union along with 5 volunteers in the month of February at the conclusion of a successful donation drive visited the Delhi Foundation for Deaf Women and God Gives Everything NGO to help the underprivileged women and children with the sanitary napkins, toiletries and stationary.



This activity is given on page 15 of NSS Annual Report 2018-19

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202018-19.pdf#page=15

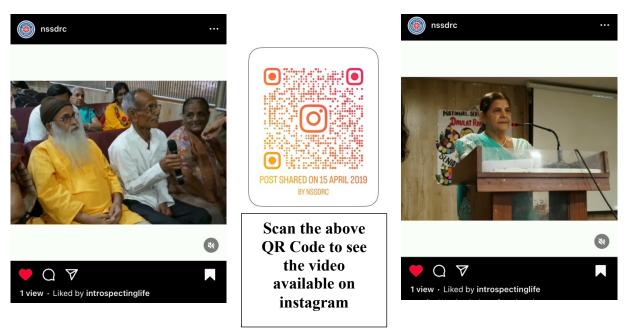
Sensitization towards elderly- to teach importance of love and affection towards them

Date: 10th April, 2019

Number of students participated: 70

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: NSS Unit of Daulat Ram College celebrated Senior Citizens' Day on 10th April 2019 with around 25 senior citizens. The programme began with lamp lighting by the esteemed guests of the day. The NSS Union released its Annual Newsletter "Embrace the Journey" featuring the events conducted in the session 2018-19. A variety of performances were staged for the entertainment of the senior citizens including group song by the Indian Music Society Alahyaa and group dance by the Indian Dance Society Annhad. Two games namely "Bhujo to Jaano" and "Cinema ka Safar" were conducted in which everyone participated very enthusiastically. There were mesmerising performances by senior citizens including dance, singing and poetry. The event ended with lots of memories and laughs.



NSS activities are listed in College Annual Report 2018-2019, pages 59-60 https://www.dr.du.ac.in/files/Reports/Scan%202018-19.pdf#page=62

Waste collection drive in college and around north campus- Swachh Bharat Summer Internship (SBSI)

Date: 10th June, 2019 – 31st July, 2019

Number of students Participated: 10

Organizing unit/collaborating agency: National Service Scheme, DRC

Report: The Ministry of Jal Shakti, in association with the Ministry of Youth Affairs and Sports, and HQ NCC has launched the Swachh Bharat Summer Internship 2019 – 50 Hours of Swachhata, an initiative that gave an opportunity to youth across the country to become a part of the Swachh Bharat jan andolan. The volunteers organised a waste collection drive in the North Campus, University of Delhi and its surrounding area. Volunteers collect waste from the college, parks and streets. The volunteers participated with full enthusiasm. Throughout all the activities undertaken from 10th June to 31st July 2019. The initiate was a wonderful opportunity for the volunteers and helped them develop more passion towards social service.



NSS volunteers performing waste collection drive around the college

https://drive.google.com/file/d/1a4 _yXm408d_gPhlWGgCslg07nG6 x7kXg/view

The above is the google drive link for the evidence purpose.

Awareness campaign in school- Swachh Bharat Summer Internship (SBSI)

Date: 27th July, 2019

Number of students participated: 10

Organizing unit/collaborating agency: National Service Scheme, Daulat Ram College

Report: Volunteers of NSS DRC visited Delhi University Social Centre Co-Ed Secondary School in Maurice Nagar, Delhi on 27th July 2019. The volunteers interacted with the students. They informed the students about the current statistics of waste production and took up their concerns and suggestions. It was an interactive and informative session. The volunteers were happy to see the enthusiasm and curiosity of the children and willingly answered all their queries. Poster making competition was one among the several activities undertaken in Delhi University Social Centre Co-Ed Secondary School.



https://drive.google.com/file/d/10C hH_R_cqmLqxqG1vmMotq7LxZcl ZvSc/view?usp=sharing

The above is the google drive link for the evidence purpose.



NSS volunteers participating in Awareness campaign in school - NSS Banner is evident behind the students

This activity is given on page 19 of NSS Annual Report 2018-19.

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202018-19.pdf#page=19

Awareness campaigns in adopted slum (Cigeratte Wala Bagh) - Swachh Bharat Summer Internship (SBSI)

Date: 24th July, 2019

Number of students participated: 10

Organizing unit/collaborating agency: National Service Scheme, Daulat Ram College

Report: The Ministry of Jal Shakti, in association with the Ministry of Youth Affairs and Sports, and HQ NCC has launched the Swachh Bharat Summer Internship 2019 – 50 Hours of Swachhata, an initiative that gave an opportunity to youth across the country to become a part of the Swachh Bharat jan andolan. In order to spread awareness about cleanliness and Solid waste management, a drive was conducted on 24th of July, 2019 in a slum named 'Cigeratte Wala Bagh' near GTB Nagar. The volunteers walked down the streets of the place talking to the residents and informing them about proper disposal techniques and importance of cleanliness. The volunteers also collected the waste on the streets and disposed it properly.



NSS volunteers participating in Awareness campaign in village and holding the college banner

https://drive.google.com/file/d/1LtD2IcrV88hgSNIumnC1O4thedtaOkCh/view

The above is the google drive link for the evidence purpose.

This activity is given on page 20 of NSS Annual Report 2018-19

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202018-19.pdf#page=20

Swachhta Pakhwara Awareness Campaign in adopted Slum

Date: 7th August 2019

Number of students participated:19

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: Swachhta Pakhwara awareness rally was organised in Cigarette Bagh on 7th August 2019 by NSS DRC. A team of 19 volunteers and NSS Union members made efforts to sensitize the residents about the need to keep their surroundings and locality clean and hygienic.

Video:

https://drive.google.com/file/d/11eO-vKkiBwrex0jObBv5iI2VNVRekDRo/view?usp=sharing





NSS Volunteers performing awareness rally at the slum area

Scan the QR Code to see the video posted on the instagram

This activity is given on page 8 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=8

Waste Collection Drives in and around the College

Date: 9th August, 2019

Number of students participated: 10

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: NSS DRC organized two cleanliness dhrives on 9th August 2019 under the Swachhta Pakhwada initiative. The first drive was conducted in the college premises, the students went around cleaning the college. Another drive was carried out the same day. The volunteers cleaned the area outside the college premises. They went around collecting all the waste that was not disposed properly.







NSS Volunteers doing waste collection drive

Scan the QR Code to see the video posted on the instagram

This activity is given on page 9 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=9

Blindfold Walk to motivate college students and community for donation of eyes

Date: 3rd September 2019

Number of students participated: 100

Organizing unit/collaborating agency: NSS, Daulat Ram College and SAKSHAM

Report: Concurring to the cry of "Netra Daan, Maha Daan", 100 volunteers from NSS along with many VCS students from the college participated in a blindfold walk organized by SAKSHAM on 3rd September, 2019. The students raised slogans and posters while attempting a blindfold walk from college premises to Arts Faculty where they were educated on the topic of "eye donation" and took a pledge to work for the cause of the Visually Challenged and donate their eyes to fight corneal blindness.







Scan the QR Code to see the post on the instagram



Concurring to the cry of "Netra Daan, Mar 3rd September saw 100 volunteers from N

NSS volunteers along with VCS students participating in the rally holding college Banner

This activity is given on page 12 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=12

Summer Donation Drive for donating stationery and toiletries

Date: 13th September 2019

Number of students participated: 12

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: We, humans, are given TWO hands by the almighty. One to help ourselves, the Second one to help the others. The National Service Scheme (NSS), DRC organised Donation Drive on 13th September, 2019. A team of 4 volunteers each visited 'Bachchon ka Ghar', 'Bachiyon ka Ghar' and 'Kilkari' orphanage for children with stationery and toiletries donated by the college students. Each of the place saw happy faces of the inhabitants. It was easy to see that they were drawn more towards the friendly smiles than the donation packets. The kids were really happy.





NSS Volunteers doing distribution of stationery and toileries



This activity is given on page 15 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=15

Blood Donation Camp

Date: 17th September 2019

Number of students participated: 47

Organizing unit/collaborating agency: NSS, Daulat Ram College and Hindu Rao Hospital

Report: National Service Scheme, Daulat Ram College organized a blood donation camp in association with Hindu Rao Hospital on 17th September, 2019. An expert team of 6 people comprising medical experts reached the college to conduct the blood donation process. The camp witnessed an overwhelming and vigorous response from DRC students who donated their blood in an attempt to bring as many lives back to power as possible.

"The little uneasiness I felt after donating blood was undoubtedly accompanied by pleasure and satisfaction because it related to the fulfillment of a moral duty", said one of the donors. It was an appreciable initiative which definitely turned into a successful outcome as 47 girls in total got the

privilege to engage in this





noble deed of spreading smiles.

Scan the QR code to see more pictures of this event



This activity is given on page 16 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=16

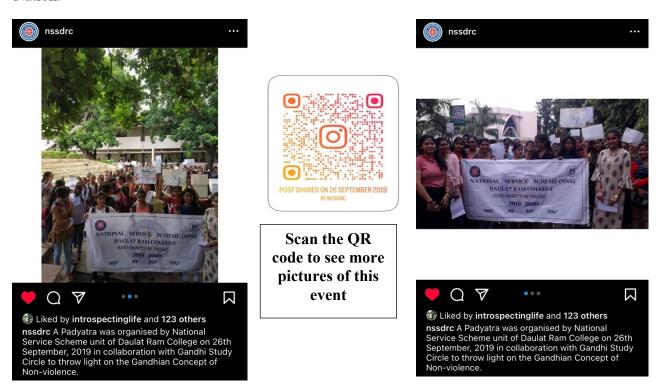
Pad Yatra- Promoting importance of Non-Violence

Date: 26th September 2019

Number of students participated: 170

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: A Padyatra was organised by National Service Scheme unit of Daulat Ram College on 26th September, 2019 in collaboration with Gandhi Study Circle to throw light on the Gandhian Concept of Non-violence. 170 volunteers marched around the college campus displaying posters depicting the importance of non-violence. Overall, the awareness rally portrayed extensive dedication towards enlightening the audience about this golden principle given by the Father of the Nation.



'Shramdaan' focusing on Waste Collection in and around the college

Date: 26th September 2019

Number of students participated: 25

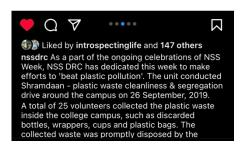
Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: As a part of the ongoing celebrations of NSS Week, NSS DRC has dedicated this week to make efforts to 'beat plastic pollution'. The unit conducted Shramdaan - plastic waste cleanliness & segregation drive around the college campus on 26th September, 2019. A total of 25 volunteers collected the plastic waste inside the college campus, such as discarded bottles, wrappers, cups and plastic bags. The collected waste was promptly disposed of by the students in a bid to make the campus a 'plastic-litter free' zone. The students also reflected upon the need to sensitize others towards the cause and put forward suggestions for better management of plastic waste.









Scan the above QR Code to see the Post on the instagram



This activity is given on page 21 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=21

Plog run activity to pick up plastic waste around North Campus, Delhi University to keep the environment clean

Date: 2nd October, 2019

Number of students participated: 100

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: The NSS unit of Daulat Ram College conducted a Fit India Plog Run on the occasion of 150th Gandhi Jayanti celebrations on 2nd October 2019. The Plog Run is a run for fitness where jogging is combined with picking up waste. 35 student volunteers of the college went around the areas of North campus for the plog run where they stopped in between their run to pick up all the plastic waste on the roads of the campus. The students were enthusiastic and raised slogans to spread the messages derived from the ideology of Mahatma Gandhi, the father of the nation.





Scan the above QR Code to see the Post on the instagram



This activity is given on page 24 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=24

Donation Drive to donate winter clothes to North Campus area

Date: 17^h January, 2020

Number of students participated: 25

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: "The results of Philanthropy are always beyond calculations", Miriam Beard. Realising the plight of the poor as temperatures drop and the capital freezes, 25 volunteers from the NSS of Daulat Ram College participated in a winter clothes donation drive organised by the unit on 17th January, 2020 which covered a wide area around North campus. Woolen Clothes, jeans and shawls collected through the week-long Donation Drive which began on 9th January were distributed

amongst the needy.





Scan the above QR Code to see the Post on the instagram



This activity is given on page 27 of NSS Annual Report 2019-20

 $\frac{https://www.dr.du.ac.in/files/Academics/NSS\%20Annual\%20Report\%202019-20.pdf\#page=27}{20.pdf\#page=27}$

Walkathon: to spread awareness about physical fitness in the community

Date: 18th January, 2020

Number of students participated: 100

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: "Each new day is a new opportunity to improve yourself. Take it. And make the most of it." The NSS unit of Daulat Ram College organized a Walkathon as a part of the Fit India Initiative on 18th January, 2020. The walkathon was conducted in the college campus in which 100 volunteers took an active part. The walkathon was conducted in order to raise awareness about the necessity to keep oneself fit and healthy. Besides, an emphasis was also laid by the volunteers on how together we can all help each other to stay fit and bring a positive change in the society.



NSS Volunteers participating in walkathon holding the college banner spreading spread awareness about physical fitness in the community

This activity is given on page 28 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=28

Road Safety Workshop

Date: 20th January 2020

Number of students participated: 150

Organizing unit/collaborating agency: NSS, Daulat Ram College and Delhi Traffic Police

Report: The NSS organised an interactive workshop on Road Safety. It was conducted by Delhi Traffic Police on 20th January, 2020. The session was focused on safety signs and symbols and principles that need to be followed. One of which included the good Samaritan rule. Overall, it was an enlightening experience that provoked some important thoughts and conversations.





NSS Volunteers participating in the oath ceremony



Scan the QR Code to see the Post on the instagram

This activity is given on page 29 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=29

Self-Defence Training Programme

Date: 28th Jan – 4th February 2020 and 12th February -19th February 2020

Number of students participated: 500

Organizing unit/collaborating agency: NSS, Daulat Ram College, and Delhi Police

Report: A Self-defence Workshop was conducted in two levels by the Delhi Police officers and trainers who took up the responsibility of training about 500 students in the skills necessary to fight any unwanted situation that may arise in their day-to-day lives. Throughout the workshop the students learnt several valuable skills that empowered them and made them stronger. The classes were conducted in two sets, Basic level and Advance level. The training was given using artificial guns and tiles for a holistic and real-life experiential training. The students were motivated to train one more girl in self-defence skills to empower and secure their future and life.





NSS Volunteers participating self-defense techniques



Scan the QR Code to see the Post on the instagram

This activity is given on page 30 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=30

Child sexual abuse and POCSOA

Date: 15th February 2020

Number of students participated: 200

Organizing unit/collaborating agency: NSS, Daulat Ram College and Sakshi NGO

Report: The NSS unit of Daulat Ram College organised a 'Capacity Building Workshop' in association with Sakshi NGO to spread awareness relating to "Child sexual abuse and POCSOA (Protection of Children from Sexual Offences) Act 2012" on 15th February, 2020. 200 volunteers attended the workshop. They were enlightened about 'The Rakshin Project' by Sakshi NGO and how it serves to protect those who have been sexually abused. They were taught about the legal technicalities in filing a case related to rape, sexual abuse, harassment, etc. The students were also given activities to participate in, to encourage openness and erase the taboo surrounding the issue. Overall, it was an engaging and insightful workshop.





NSS Volunteers attending the event



Scan the QR Code to see the Post on the instagram

This activity is given on page 31 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=31

NSS activities are listed in College Annual Report 2019-2020, pages 75-77 https://www.dr.du.ac.in/files/Reports/Annual%20report2019-20%20.pdf#page=79

Talk on "Digital Detox": awareness talk about harmful effect of social media

Date: 22nd January, 2020

Number of students participated: 200

Organizing unit/collaborating agency: Brahmkumaris

Report: 200 volunteers from the NSS, Daulat Ram College attended a Digital Detox seminar organised by the unit on 22nd January, 2020. The seminar aimed at sensitising students towards the harms of multimedia addiction through an interactive session with Brahmkumaris; Sister Neelam, Sister Tara and Sister Varnika. The students witnessed a presentation made by Brahmkumari Sister Varnika which helped them to learn about the various harms caused by prolonged use of smart phones and social media. Sister Tara also enlightened students on meditation techniques to help detoxify their minds. The session was highly effective for students as they're always surrounded with different forms of digital media and must find time to detox their minds from its effects.







NSS Volunteers attending the event

Scan the QR Code to see the Post on the instagram

This activity is given on page 33 of NSS Annual Report 2019-20

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202019-20.pdf#page=33

NSS activities are listed in College Annual Report 2019-2020, pages 75-77 https://www.dr.du.ac.in/files/Reports/Annual%20report2019-20%20.pdf#page=79

Himachal Trekking Camp: Training in mountain climbing

Date: 8-17th June 2019

Number of students participated: 2

Organizing unit/collaborating agency: NCC, 1 Delhi Girls Battalion, Govt of India

Report: SUO KIRTI SHARMA and CADET SHWETA successfully accomplished HIMACHAL TREKKING CAMP 2019. They learnt the life skills to survive in the mountaineering terrain. They also learnt group cooperation and conflict management.





Certificates received by our cadets for successfully completing the Himachal trekking camp 2019

This activity is given on page 2 of NCC Annual Report 2019-20.

https://www.dr.du.ac.in/files/NCC/NCC%20Annual%20Report%202019-20%20.pdf#page=2

Combined Annual Training Camp, CATC: Training in Map reading, weapon training and Soft skill in military

Date: 11-21 July 2019

Number of students participated: 80

Organizing unit/collaborating agency: NCC, 1 Delhi Girls Battalion, Govt of India

Report: CATC is a compulsory 10 days camp to be completed by all the cadets of NCC. This year 80 cadets of our college from 2nd and 3rd year completed the camp. They learnt about map reading, weapon training and soft skills.





Certificates received by two of our cadets for winning two competitions at CATC 2019

This activity is given on page 3 of NCC Annual Report 2019-20.

https://www.dr.du.ac.in/files/NCC/NCC%20Annual%20Report%202019-20%20.pdf#page=3

All India Thal Sainik Camp: Training in tent pitching

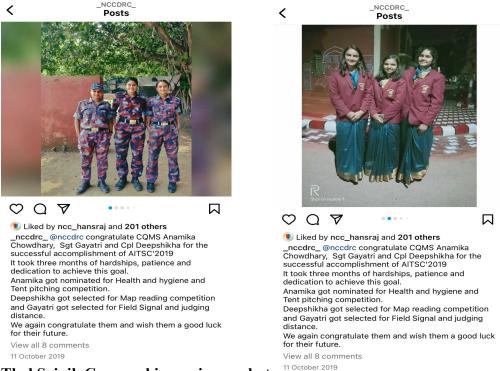
Date: 16th -27th Sep 2019

Number of students participated:3

Organizing unit/collaborating agency: NCC, 1 Delhi Girls Battalion, Govt of India

Report: CQMS Anamika Chowdhary, Sgt Gayatri and Cpl Deepshikha successfully accomplished AITSC'2019

It took three months of hardships, patience and dedication to achieve this goal. Anamika got nominated for Health and hygiene and Tent pitching competition. Deepshikha got selected for Map reading competition and Gayatri got selected for Field Signal and judging distance.



Our Thal Sainik Camp achievers in combat dress and Mufti achieved after the successful completion of the camp.

This activity is given on page 5 of NCC Annual Report 2019-20.

https://www.dr.du.ac.in/files/NCC/NCC%20Annual%20Report%202019-20%20.pdf#page=5

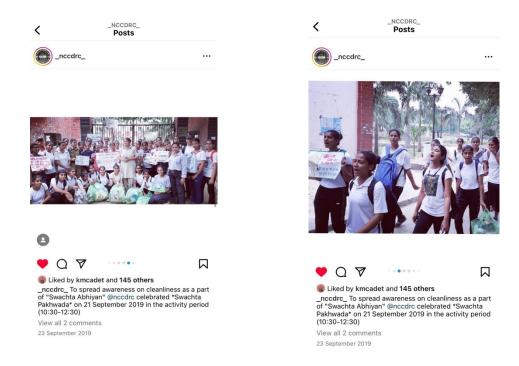
Cleanliness Drive in North Campus, Delhi University - Swachta Pakhwada

Date: 21st September, 2019

Number of students participated: 50

Organizing unit/collaborating agency: NCC Daulat Ram College

Report: To sprea d awareness on cleanliness as a part of "Swachta Abhiyan' our cadets celebrated *Swachta Pakhwada* on 21 September 2019. They made aware the people around the campus area and vishwavidyalaya metro station about cleanliness through an active rally. They also cleaned the area.



This activity is given on page 9 of NCC Annual Report 2019-20.

https://www.dr.du.ac.in/files/NCC/NCC%20Annual%20Report%202019-20%20.pdf#page=9

Breast Cancer Awareness Seminar

Date: 1st Nov 2019

Number of students participated: 70

Organizing unit/collaborating agency: NCC Daulat Ram College in collaboration with

AVON

Report: A breast cancer awareness seminar in which doctors from Fortis hospital spoke about self breast examination and ways to avoid cancer was organised for all the students of DRC and the faculty members too by NCC DRC





This activity is given on page 11 of NCC Annual Report 2019-20.

https://www.dr.du.ac.in/files/NCC/NCC%20Annual%20Report%202019-20%20.pdf#page=11

NCC activities are listed in College Annual Report 2019-2020, page73 https://www.dr.du.ac.in/files/Reports/Annual%20report2019-20%20.pdf#page=76

PM Rally Para Slithering: Training in descending down from the helicopter

Date:16th - 28th Jan 2020

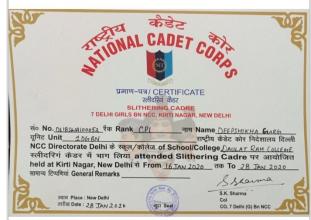
Number of students participated:1

Organizing unit/collaborating agency: NCC, 1 Delhi Girls Battalion, Govt of India

Report: Our cadet Deepshikha's journey in Para Slithering camp has been like a roller coaster. There were days overwhelmed with tremendous happiness and nights with sorrow in her eyes. And the final day when she slithered down the helicopter in front of our honourable Prime Minister

Narendra Modi is the best experience of her life so far.





Cadet Deepshikha learnt to slither down a helicopter the way Indian Armed forces does it.

This activity is given on page 12 of NCC Annual Report 2019-20.

https://www.dr.du.ac.in/files/NCC/NCC%20Annual%20Report%202019-20%20.pdf#page=12

Homemade Mask making Activity: to prevent the spread of covid in the community

Date: In the Month of April, 2020

Number of students participated: 206

Organising Unit/ Collaborating agency: NSS DRC

Report: During the lockdown to fight the Covid-19 pandemic, NSS Unit organized this activity where the volunteers were trained to make masks through online mediums only, by means of videos and photos, keeping in mind the essential rules of the lockdown. These masks were donated to the needy and the police officers who would further distribute it to the needy people or health workers. 206 volunteers actively took part in this activity and each of these prepared 5 masks which turn into total contribution of 1030 masks.



NSS Volunteers are distributing home made masks



Scan the QR Code to see the Post on the instagram

This activity is given on page 5 of NSS Annual Report 2020-21.

https://www.dr.du.ac.in/files/Academics/Revised-NSS%20Annual%20Report%202020-21.pdf#page=5

NSS activities are listed in College Annual Report 2020-2021, pages 111-119 https://www.dr.du.ac.in/files/Reports/Annual%20Report%202020-2021.pdf#page=112

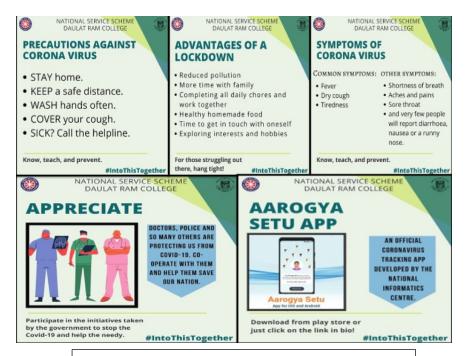
Awareness Campaigns on social media about COVID 19

Date: In the Month of May, 2020

Number of students participated: 15

Organising Unit/ Collaborating agency: NSS DRC

Report: All around the world, people are taking necessary steps to protect themselves and their families from the coronavirus disease, to support their communities, and prevent the spread of the outbreak. The NSS unit took to social media to urge their followers to enhance situational awareness regarding the COVID-19 outbreak. Making people aware of government initiatives like Aarogya Setu App, appreciating the corona warriors, taking a pledge to Stay home & stay safe and also making people see the positive side of the situation through an exclusive post for Advantages of lockdown, NSS DRC has put in all the efforts to spread genuine information in this time of crisis.





Scan the QR Code to see the Post on the instagram

Social Media Posts for awareness

This activity is given on page 6 of NSS Annual Report 2020-21.

https://www.dr.du.ac.in/files/Academics/Revised-NSS%20Annual%20Report%202020-21.pdf#page=6

NSS activities are listed in College Annual Report 2020-2021, pages 111-119 https://www.dr.du.ac.in/files/Reports/Annual%20Report%202020-2021.pdf#page=112

Webinar on 'Waste Management' in association with the Vrikshit Foundation

Date: 25th July, 2020

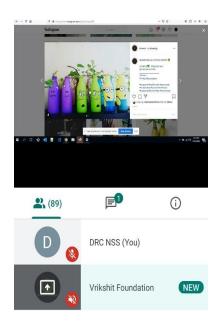
Number of students participated: 89

Organising Unit/ Collaborating agency: NSS Unit, DRC

Report: NSS Unit of Daulat Ram College organized a webinar on 'Waste Management' in association with Vrikshit Foundation on 25th July, 2020. 89 volunteers attended the session. The speaker for the session was Mr. Shankar Singh, Founder & President of Vrikshit Foundation. He talked about how we take part in generating huge amount of waste and what alternatives can be adopted to deal with it. He also taught the students how to reuse bottles that we generally throw away.



Scan the QR Code to see the Post on the instagram





Screenshot of webinar conducted

This activity is given on page 17 of NSS Annual Report 2020-21.

https://www.dr.du.ac.in/files/Academics/Revised-NSS%20Annual%20Report%202020-21.pdf#page=17

NSS activities are listed in College Annual Report 2020-2021, pages 111-119 (dated: July 25, 2020)

https://www.dr.du.ac.in/files/Reports/Annual%20Report%202020-2021.pdf#page=115

Plantation Drive

Date: 14th -15th August, 2020

Number of students participated: 50

Organising Unit/ Collaborating agency: NSS DRC

Report: The National Service Scheme unit of Daulat Ram College organized a Plantation Drive for the students on 14-15th August 2020, as a part of the Independence Day Celebrations, on the theme 'Aatma Nirbhar Bharat'. It witnessed active participation from 50 volunteers, wherein they shared photos of themselves planting saplings or sowing seeds.

The drive was held as a part of efforts made by the NSS unit, to uplift the quality of our living environment through active planting and preservation of trees. It helped in inculcating concern among the volunteers, for the dwindling environment and also honored the spirit of green India.





NSS volunteers planting saplings

This activity is given on page 20 of NSS Annual Report 2020-21.

https://www.dr.du.ac.in/files/Academics/Revised-NSS%20Annual%20Report%202020-21.pdf#page=20

NSS activities are listed in College Annual Report 2020-2021, pages 116 (Dated 15th August, 2020)

https://www.dr.du.ac.in/files/Reports/Annual%20Report%202020-2021.pdf#page=116

Gender Issues Seminar

Date: 21st August, 2020

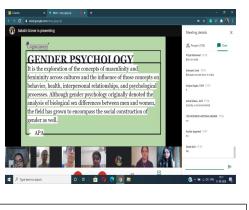
Number of students participated: 115

Organising Unit/ Collaborating agency: NSS DRC

Report: The National Service Scheme unit of Daulat Ram College organized a webinar under Campaign Parwaah- *Rethinking Mental Illnesses* on the topic, "Psychology of Gender and Its Impact on Men and Women" on 21st August 2020. It witnessed the participation of 115 volunteers. The speaker for the webinar was Sakshi Seth Grover, founder of Cognizavest, PhD Research Scholar from DU and also an organizational psychologist. The speaker began with defining gender as a mere social construct and not as a biological one. She challenged the social norms and engaged the participants in an interesting conversation about questioning the age-old stereotypes. The presentation was made intriguing with the support of creative, real-life examples. She reiterated how a child is born as a blank slate and their cognition is a result of the parenting and their surroundings. She thoughtfully answered the questions posed throughout the webinar. The speaker ended the webinar on an encouraging note to be the change that we wish to see. We can influence the upcoming generations positively, if not the pre-existing one.



Scan the QR Code to see the Post on the instagram



Screenshot of webinar conducted



This activity is given on page 22 of NSS Annual Report 2020-21.

https://www.dr.du.ac.in/files/Academics/Revised-NSS%20Annual%20Report%202020-21.pdf#page=22

NSS activities are listed in College Annual Report 2020-2021, pages 111-119 (dated: August 21, 2020)

https://www.dr.du.ac.in/files/Reports/Annual%20Report%202020-2021.pdf#page=114

WINTER CRUSADE- Winter Donation Drive

Date: 27th and 28th January, 2021

Number of students participated: 65

Organising Unit/Collaborating agency: NSS DRC

Report: Every year, the winters unearth themselves as an ordeal for survival to umpteen less privileged people across the country. To share the warmth of love with such people, the National Service Scheme Unit of Daulat Ram College organised Winter Crusade—the Winter Donation Drive, on 27th and 28th January, 2021. The two-day long donation drive saw zealous participation from 65 volunteers, who partook in this noble cause by donating various winter clothes and items, including new or gently used sweaters, jackets, pullovers, hoodies, windcheaters, coats, hats, gloves, scarves and even shawls and blankets. The Unit takes pride at quoting that the drive managed to warm up several families, across the country, with a tally of total 523 items donated.



Scan the QR Code to see the Post on the instagram



Students distributing clothes

This activity is given on page 29 of NSS Annual Report 2020-21.

https://www.dr.du.ac.in/files/Academics/Revised-NSS%20Annual%20Report%202020-21.pdf#page=29

NSS activities are listed in College Annual Report 2020-2021, pages 111-119 https://www.dr.du.ac.in/files/Reports/Annual%20Report%202020-2021.pdf#page=118

Food Donation Drive- Hunger Alleviation Programme

Date: 31st January, 2021

Number of students participated: 69

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: In its endeavor to support the underprivileged sections of society, and to embrace the spirit of kindness, the National Service Scheme Unit of Daulat Ram College organised a Food Donation Drive on 31st January 2021. 69 volunteers came forward to partake in this noble cause and donated fruits, vegetables, pulses, flour and snacks, to a total of 691 persons. The one-day long drive managed to accomplish astounding figures—

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Опраскец Го	oou			
Vegetables	58	kg		
Pulses	39.5	kg		
Apples	28	kg		
Oranges	28.5	kg		
Guavas	6	kg		
Grapes	6	kg		
Papaya	2	kg		
Pineapples	3	kg		
Bananas	13	dozens		
Total	171 kg +	171 kg + 13 dozen bananas		







Scan the OR Code to see the Post on the instagram

This activity is given on page 30 of NSS Annual Report 2020-21.

https://www.dr.du.ac.in/files/Academics/Revised-NSS%20Annual%20Report%202020-21.pdf#page=30

NSS activities are listed in College Annual Report 2020-2021, pages 111-119 https://www.dr.du.ac.in/files/Reports/Annual%20Report%202020-2021.pdf#page=112

Road Safety Awareness

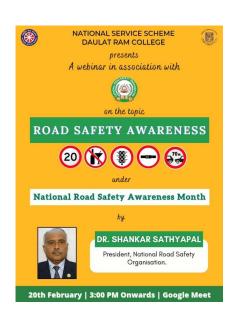
Date: 20th February, 2021

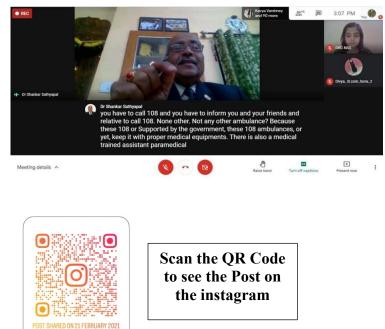
Number of students participated: 85

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: The National Service Scheme unit of Daulat Ram College organized a webinar on Road Safety Awareness, on 20th February 2021, in observance of National Road Safety Awareness Month. The webinar was attended by 85 volunteers. The speaker of the session was Dr. Shankar Sathyapal, President of National Road Safety Organisation and former Deputy Chief Traffic Warden, Bangalore City. Apart from serving for 26 years in the field of Traffic Management, he has delivered more than 750 lectures, at multifarious institutions and corporations, and has also been awarded by the Commissioner of Police and several reputable organizations for his contribution to Traffic Education.

Throughout the session, the speaker stressed upon the importance of adhering to traffic rules and how even little carelessness on the road can cause heavy losses. He threw light upon the ravages caused by the use of mobile phones while driving or walking, and urged the audience to refrain from such misdemeanors. "Even the slightest distraction can cost somebody's life on the road", Dr. Shankar says.





This activity is given on page 34 of NSS Annual Report 2020-21.

https://www.dr.du.ac.in/files/Academics/Revised-NSS%20Annual%20Report%202020-21.pdf#page=34

Anti-Covid Task Force

Date: 10 March- 24 April 2021

Number of students participated: 95

Organizing unit/collaborating agency: NSS, Daulat Ram College

Report: The National Service Scheme unit of Daulat Ram College, in collaboration with the other NSS Units of University of Delhi, has come up with Anti-COVID Task Force so as to work unitedly in these unprecedented times and render to the society, and strengthen it to fight against COVID. The National Service Scheme unit of Daulat Ram College has organized several sessions, activities and drives amidst the pandemic to strengthen the society in fighting against COVID.

1. Webinar on 'Student Mental Health during Covid-19'- National Service Scheme unit of Daulat Ram College organised a webinar under its mental health campaign *Parwaah: Rethinking Mental Illnesses*, on the topic 'Student Mental Health During Covid-19', on 10th March, 2021. It was held in collaboration with **Dr. Aruna Broota**, a renowned psychologist and hypnotherapist and attended by 95 volunteers.





Scan the QR Code to see the Post on the instagram

2. Webinar on 'Dealing with Emotional Exhaustion'- The National Service Scheme unit of Daulat Ram College organised a webinar under its mental health Campaign Parwaah- Rethinking Mental Illnesses on the topic, 'Dealing with Emotional Exhaustion' on 17th April 2021. 83 volunteers attended the session. The speaker of the session was Ms. Pragya Lodha, Researcher & Clinical Psychologist.





Scan the QR Code to see the Post on the instagram

- 3. Vaccine Awareness Drive- The National Service Scheme unit of Daulat Ram College organised a Vaccine Awareness Drive, Tikautsav. The social media handles were used as a medium for spreading awareness on varied topics related to COVID-19 vaccine, such as 'How to Register for COVID Vaccine', 'COVID-19 Vaccination Guidelines', 'Myths and Facts about COVID Vaccination' etc.
- **4. Dance Competition on 'Let's Fight Against COVID'-** The National Service Scheme unit of Daulat Ram College organised a dance competition on the theme 'Let's Fight Against COVID' from 23rd to 24th April 2021 to encourage volunteers to take a break and indulge in their hobbies.
- 5. FIELD ACTIVITY: PROJECT ITMINAAN- The National Service Scheme unit of Daulat Ram College is running a Hunger Alleviation Project, Project Itminaan: Bread for Every Breath. Since its pioneering on 4th June 2020, this project has been feeding strays and birds daily, with the help of a team of 21 resolute volunteers. We are proud, having achieved a total tally of more than 3000 strays and birds fed across the country till date.







For more information refer this link:

https://docs.google.com/presentation/d/1jmVSXke45k0bPqvzaCrAkoDfDTnuE3v/edit?usp=sharing&ouid=114364285383071475473&rtpof=true&sd=true



Scan the QR Code to see the Post on the instagram



This activity is given on page 36 of NSS Annual Report 2020-21.

https://www.dr.du.ac.in/files/Academics/Revised-NSS%20Annual%20Report%202020-21.pdf#page=36

NSS activities are listed in College Annual Report 2020-2021, pages 111-119 https://www.dr.du.ac.in/files/Reports/Annual%20Report%202020-2021.pdf#page=112

CORONA HELP DESK

Date: 17th May, 2021

Number of students participated: 100

Organising Unit/Collaborating agency: NSS DRC

Report: With an onslaught of news and information on the global novel Covid-19 Pandemic, it can be challenging to know where to turn for reliable and up-to-the-minute information. The National Service Scheme unit of Daulat Ram College, in collaboration with the National Cadet Corps Wing of Daulat Ram College, unveiled Corona Help Desk, and urged all to drop a message on the official social media pages of NSS DRC, in case of any need/help pertaining to COVID-19, and assured verified leads. Total number of patients helped were 603. We prepared an excel sheet of verified COVID Resources, updated every day.

Link to the excel sheet of verified COVID Resource:

 $\underline{https://docs.google.com/spreadsheets/d/1C7MRSLfGofqO8P7P52pz7vEi6LV8TunCgFriEJntZv}\\ \underline{k/edit?usp=drivesdk}$





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This activity is given on page 37 of NSS Annual Report 2020-21.

https://www.dr.du.ac.in/files/Academics/Revised-NSS%20Annual%20Report%20202021.pdf#page=37

Tree Plantation Activity

Date: 13th - 26th July 2020

Number of students participated: 50

Organizing unit/collaborating agency: NCC Daulat Ram College

Report: A tree plantation drive was held in which 50 of our cadets planted a new tree in or around their house. The aim was to inculcate in them environment friendly attitude.



Some pictures of the drive from our instagram page

This activity is given on page 4 of NCC Annual Report 2020-21.

https://www.dr.du.ac.in/files/NCC/NCC%20Annual%20Report%202020-21.pdf#page=4

NCC activities are listed in College Annual Report 2020-2021, pages 108-110 https://www.dr.du.ac.in/files/Reports/Annual%20Report%202020-2021.pdf#page=109

Plantation Drive

Date: 5th June, 2021

Number of students participated: 357

Organizing unit/collaborating agency: NSS DRC

Report: A Plantation Drive was organised on account of World Environment Day on 5th June 2021. Volunteers were encouraged to foster the spirit of a greener Earth and make the world a better place to live in by planting saplings in their homes. 357 volunteers took part in this noble cause and helped us make the earth greener and cleaner by planting 400 saplings.





Scan the QR Code to see the Post on the instagram

This activity is given on page 3 of NSS Annual Report 2021-22.

 $\frac{https://www.dr.du.ac.in/files/Academics/NSS\%20Annual\%20Report\%202021-22.pdf\#page=3}{2.pdf\#page=3}$

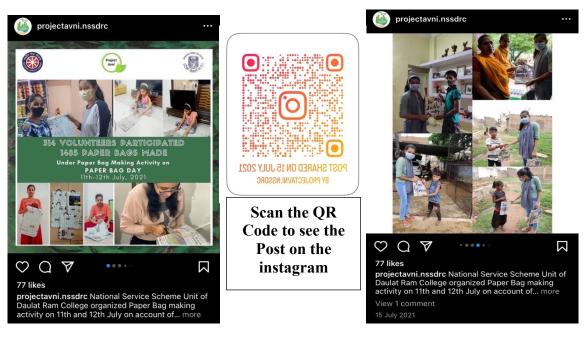
Paper Bag Making Activity: Recycling waste paper to useful for community

Date: 11th and 12th July, 2021

Number of students participated: 314

Organizing unit/collaborating agency: NSS DRC

Report: National Service Scheme Unit of Daulat Ram College organised Paper Bag Making Activity on 11th and 12th July, 2021 on account of International Paper Bag Day, under its novel sustainability initiative Project Avni. The unit received a zealous response for the activity, with 314 volunteers, wherein they shared photos of themselves making the paper bags using waste paper. Through the combined effort of the volunteers, around 1458 paper bags were made. Strictly adhering to the COVID protocols, many volunteers distributed paper bags to their nearby vendors and shopkeepers. The activity was undertaken as a part of the endeavour of NSS DRC unit, to spread awareness about the importance of recycling and sustainability, with a greater initiative to promote environmental conservation. It helped in imparting among the volunteers the spirit to save nature and spreading awareness about the importance of sustainability. We look forward to holding more such activities.



This activity is given on page 7 of NSS Annual Report 2021-22.

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202021-22.pdf#page=7

Feed a Stray Activity: Feeding stray animals in the neighbourhood

Date: 26th August 2021

Number of students participated: 204

Organizing unit/collaborating agency: NSS DRC

Report: NSS DRC organised an activity titled, 'Feed A Stray' under its hunger alleviation initiative, Project Itminaan: Bread for Every Breath. The activity was held on the account of International Dog Day and it took place on 26th August 2021. It saw the enthusiastic participation of NSS DRC volunteers as well as other students who stepped up to extend a hand of compassion to stray dogs in their locality. Through the combined efforts of 204 volunteers, an impressive tally of over 710 strays being fed was achieved.





This poster was circulated among the community



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This activity is given on page 10 of NSS Annual Report 2021-22.

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202021-22.pdf#page=10

Stationery Donation Drive nearby slums and orphanages to donate various stationery items

Date: 7th and 8th September, 2021

Number of students participated: 250

Organizing unit/collaborating agency: NSS DRC

Report: The National Service Scheme unit of Daulat Ram College organized a Stationery Donation Drive. The activity was held on the account of International Literacy Day and took place on 7th and 8th September. It saw the enthusiastic participation of NSS DRC volunteers as well as other students who made an effort to bridge the gap between education and the less privileged. They visited nearby slums and orphanages to donate various stationery items. Through the collective efforts of 250 volunteers, a significant tally of 1320 people were helped, with over 5000 items donated. These included pencils, sketch pens, notebooks, coloring books and colours among other things. The activity was organized as an attempt to help individuals realize the true meaning of literacy and raise awareness about its significance.



NSS Volunteers distributing stationery to the needy



Scan the QR Code to see the Post on the instagram

This activity is given on page 13 of NSS Annual Report 2021-22.

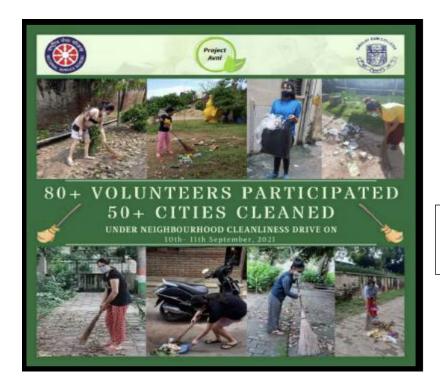
https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202021-22.pdf#page=13

Neighborhood Cleanliness Drive under Swachhta Pakhwada,

Date: 10th to 12th September, 2021 **Number of students participated:** 82

Organizing unit/collaborating agency: NSS DRC

Report: National Service Scheme Unit of Daulat Ram College organised a Neighborhood Cleanliness Activity under Swachhta Pakhwada, a government initiative from 10th to 12th September, 2021. 82 volunteers came forward to clean their surroundings, widening the reach of the initiative to include 50 cities which included Delhi, Gurugram, Jaipur, Haridwar, etc.





Scan the QR Code to see the Post on the instagram

This activity is given on page 14 of NSS Annual Report 2021-22.

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202021-22.pdf#page=14

Food Donation Drive- Under hunger alleviation program

Date: 12th September, 2021

Number of students participated: 53

Organizing unit/collaborating agency: NSS DRC

Report: The motto of the Project, 'Bread for Every Breath' reflects the unit's commitment to the cause of making tireless efforts till the dream of a world where no one goes to sleep on an empty stomach is realised. Under the Daily Stray Feeding Programme of the Project, volunteers are encouraged to step forward and extend a helping hand to the animals around them in need. Every day, they feed strays in their vicinity. In the session that ran from September to December 2022, 53 volunteers actively participated in the programme, feeding animals like dogs, cows, squirrels, horses, peacocks, amongst others. Till this session, a total of 48,218 animals have been fed. An open Food Donation Drive was organised by the unit from 14th to 15th June, 2022. All donations which were collected throughout the course of the collection drive were donated to 'Missionaries of Charity', a children's orphanage based in Civil Lines in Delhi on 4th July, 2022. 9 volunteers represented the unit in their visit to the Orphanage, where they donated the food items that were collected.







Scan the QR Code to see the Post on the instagram Some glimpses of the event

This activity is given on page 16 of NSS Annual Report 2021-22. https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202021-22.pdf#page=16

Plantation Drive in different cities of India

Date: From 15th September to 16th September 2021

Number of students participated: 207

Organizing unit/collaborating agency: NSS DRC

Report: NSS DRC conducted a Plantation Drive on the occasion of International Day for the Preservation of the Ozone Layer under Project Avni to take a small step towards protecting the ozone layer. It was held from 15th September to 16th September 2021. 207 volunteers came forward to be a part of this initiative. Students from various cities and states volunteered to plant saplings and through their collective efforts, the plantation drive spread to numerous cities. Saplings of different plant species like Curry tree, Tulsi, Money Plant among others were planted. 778 saplings were planted to improve oxygen levels in the air, helping in the conservation of the Ozone layer. All COVID-19 safety protocols were duly observed throughout the conduction of this activity. The Plantation Drive was a success as the volunteers confidently took the initiative forward and sincerely contributed to the preservation of the Ozone layer.





This activity is given on page 17 of NSS Annual Report 2021-22.

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202021-22.pdf#page=17

Clean India Initiative in and around the college

Date: 19th October, 2021

Number of students participated: 51

Organizing unit/collaborating agency: NSS DRC

Report: The Cleanliness Drive took place on 19th of October, 2021 in the North Campus area of the university. A sum of 51 volunteers under the valuable guidance of NSS Teacher's Committee, with utmost zeal and determination cleaned up more than 200 kg of waste, collected from the areas of Patel Chest, Roop Nagar, and the college premises. The drive was carried out in an immensely systematic and organized manner. The volunteers were first divided in a group of 3, with each team working on one of the three target areas. The garbage collected included leaves, packaging material, plastic as well as paper waste such as cardboards, newspapers and magazines leftovers. Subsequently, the garbage was meticulously divided into two separate bags depending upon their biodegradable or non-biodegradable nature. Finally, in order to ensure the proper waste disposal, the entire waste was handed over to the garbage vehicle from Municipal Corporation of Delhi.





NSS Volunteers cleaning the premises in and around the college holding the NSS Banner

This activity is given on page 21 of NSS Annual Report 2021-22.

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202021-22.pdf#page=21

Reusing Single-Use Plastic Waste to Make Art

Date: 20th -21st October, 2021

Number of students participated: 115

Organizing unit/collaborating agency: NSS DRC

Report: NSS DRC organised an activity titled 'Reusing Waste to Make Art' from 20th to 21st October 2021. The activity was organised as a part of the Clean India Initiative. An initiative by the Government of India, the programme is aimed at creating awareness, mobilisation of people and ensuring the involvement of individuals in the Clean India initiative. 115 volunteers participated in the activity. The aim of the activity was to reduce the concentration of Single-use plastic (SUP) in the environment in a creative way. With the combined efforts of the volunteers under NSS DRC, a variety of creative and innovative artworks were created that incorporated the use of SUP and other waste materials. Volunteers used various waste materials like plastic bottles, glass bottles, plastic containers, polythene bags, etc. to create various artworks. Through this activity, the volunteers took a step towards creating a cleaner environment.





Scan the QR Code to see the Post on the instagram

This activity is given on page 22 of NSS Annual Report 2021-22. https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202021-22.pdf#page=22

Webinar on "Elimination of Violence Against Women"

Date: 25th November, 2021

Number of students participated: 91

Organizing unit/collaborating agency: NSS, DRC

Report: National Service Scheme Unit of Daulat Ram College conducted an invigorating webinar on 25th November 2021, in the light of International Day for the Elimination of Violence Against Women. A total of 91 volunteers attended the webinar. Ms. Gurbani Kaur and Ms. Sreya Layek from Girl Power Talk were the speakers for the day. The speakers enlightened the volunteers about how violence against women is deeply rooted in society and culture. They also highlighted ways in which individuals can help out victims of abuse, like being empathetic towards them and spreading information about rights.





Scan the QR Code to see the Post on the instagram

This activity is given on page 24 of NSS Annual Report 2021-22.

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202021-22.pdf#page=24

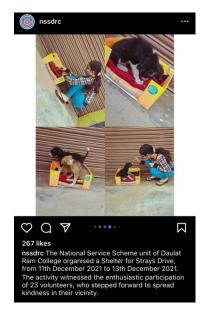
Shelter for Stray Animals Drive

Date: 11th December 2021 to 13th December 2021

Number of students participated: 23

Organizing unit/collaborating agency: NSS DRC

Report: The National Service Scheme unit of Daulat Ram College organised a Shelter for Strays Drive, from 11th December 2021 to 13th December 2021. The activity witnessed the enthusiastic participation of 23 volunteers, who stepped forward to spread kindness in their vicinity. They were encouraged to place make-shift beds for stray animals to sleep in and comfortably survive the winter season. Strays suffer during the chilly weather as they are left to brave the cold weather all by themselves, without any source of warmth. Through this activity, we successfully placed 58 warm beds to eliminate their discomfort during the season. Volunteers placed jute sacks, blankets, carpets, cardboard boxes, cotton and woolen sheets in their surroundings to serve as beds for strays. The beds were placed at street corners, outside the homes of volunteers, on the roadsides and in parks where strays could easily make use of them. The unit was able to realise the importance of caring and providing comfort to stray animals through this activity. We owe its success to the volunteers who diligently participated in the activity, and placed beds for the strays to sleep in.







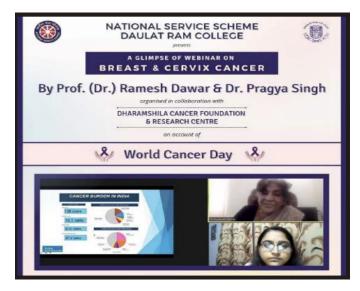
'Breast Cancer and cervix Cancer'

Date: 4th February 2022

Number of students participated: 300

Organizing unit/collaborating agency: Dharamshila Cancer Foundation and Research Centre

Report: NSS DRC observed World Cancer Day on 4th February 2022 by organising a webinar in collaboration with Dharamshila Cancer Foundation and Research Centre on the topic 'Breast Cancer and cervix Cancer'. Over 300 volunteers attended the webinar. Prof. (Dr.) Ramesh Dawar, Vice President of Dharamshila Cancer Foundation and Research Centre and Dr. Pragya Singh, Senior Manager - Projects at Dharamshila Narayana Superspeciality Hospital, were the speakers for the event. The webinar started with Dr. Ramesh Dawar briefing the audience about breast cancer, its predisposing risk factors, and preventive measures one can take to lessen its occurrence. Dr. Pragya Singh talked about cervix cancer and how to prevent it.





the instagram

Poster of the event

This activity is given on page 26 of NSS Annual Report 2021-22.

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202021-22.pdf#page=26

PLANT FOR TOMORROW

Date: February 5, 2022, and continued till March 5, 2022

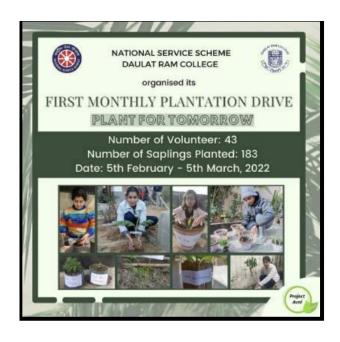
Number of students participated: 43

Organizing unit/collaborating agency: NSS DRC

Report: NSS DRC conducted a plantation drive under a newly launched initiative "Plant for Tomorrow". Plant for Tomorrow is a monthly plantation drive that aims to send the message that planting a tree is just the beginning, one has to care for the sapling so genuine environmental benefits can be achieved. The first instalment of Plant for Tomorrow started from February 5, 2022, and continued till March 5, 2022. 43 volunteers came forward to be a part of this initiative. With their efforts, 183 saplings were planted. The launch of Plant for Tomorrow was a glowing success, for it was able to go beyond a normal plantation drive - the saplings weren't forgotten after being planted, they received the utmost level of love and care.



Scan the QR Code to see the Post on the instagram



This activity is given on page 27 of NSS Annual Report 2021-22.

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202021-22.pdf#page=27

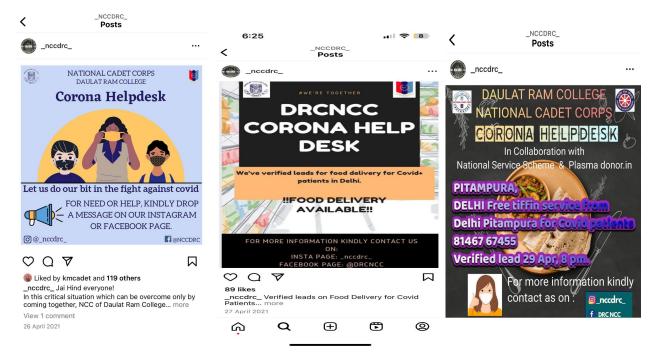
Setting up of an online COVID helpdesk during the second wave of the pandemic

Date: May- June 2021

Number of students participated: 75

Organizing unit/collaborating agency: NCC, Daulat Ram College

Report: Year 2021 for our NCC cadets began with setting up of an online COVID helpdesk during the second wave of the pandemic. The cadets relentlessly helped the patients to find valid sources of oxygen cylinders, home cooked food and provided updates about availability of hospital beds.



Some of our online posts on our official instagram page as COVID helpdesk

This activity is given on page 6 of NCC Annual Report 2021-22.

https://www.dr.du.ac.in/files/NCC/NCC%20ANNUAL%20REPORT%202021-22%20.pdf#page=6

Awareness Rally and Nukad Natak on Ills of single use plastic

Date: 28th Oct 2021

Number of students participated: 50

Organizing unit/collaborating agency: NCC, Daulat Ram College

Report: DRC NCC stood as an example in one of it's community awareness drive on single use plastic, which was organised on 28th oct,2021 at Sangam Vihar. The team with a vibrant nukkad natak being displayed at two localities certainly justified the whole aim of the drive, as we had crowd accompanying the rally of cadets and general public enjoying the natak. The cadets did not let the time constraints hamper the quality of work and made the event a success. Our ANO, Lt Dr. Suparna Jain Thakur Ma'am, along with two dignitaries from the unit 1DGBn supervised the drive and the event. It was indeed a privilege for DRCNCC to have passively contributed for the community with active efforts.



This activity is given on page 11 of NCC Annual Report 2021-22.

https://www.dr.du.ac.in/files/NCC/NCC%20ANNUAL%20REPORT%202021-22%20.pdf#page=11

Monthly Food Donation Drive

Date: 14-15 June 2022

Number of students participated: 9

Organizing unit/collaborating agency: NSS DRC

Report: An open Food Donation Drive was organised by the unit from 14th to 15th June, 2022. All donations which were collected throughout the course of the collection drive were donated to 'Missionaries of Charity', a children's orphanage based in Civil Lines in Delhi on 4th July, 2022. 9 volunteers represented the unit in their visit to the Orphanage, where they donated the food items that were collected. These included Wheat (39 kgs), Rice (39 kgs), Lentil (15 kgs), Sugar (52 kgs), Salt (158 packets), Cooking oil (8L), Turmeric (8800 gm), Milk powder (14 packets), Maggi (350 packets) and Biscuits (588 packets).





NSS Volunteers doing donation to a NGO



Scan the QR Code to see the Post on the instagram

This activity is given on page 2 of NSS Annual Report 2022-23.

https://www.dr.du.ac.in/files/Academics/NSS%20Annual%20Report%202022-23.pdf#page=2

Influenza vaccination camp

Date: 11th July, 2022

Number of students participated: 65 students

Organizing unit/collaborating agency: Aggarwal Vaish welfare trust, Indraprastha education

research and charitable trust

Report: Influenza vaccination camp at Daulat Ram College in association with Aggarwal Vaish welfare trust, Indraprastha education research and charitable trust on 11 July 2022. To make students aware about single shot of latest available flu vaccine is recommended annually for all adults to protect them from seasonal flu and swine flu virus (H1N1).





NSS Volunteers attending the event in the college premises in the room Number- CLT

This activity is given on page 4 of NSS Annual Report 2022-23.

Slum Visit- Awareness and Donation Drive

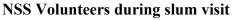
Date: 17th August 2022

Number of students participated: 10

Organizing unit/collaborating agency: NSS Unit

Report: National Service Scheme unit of Daulat Ram College visited Madipur Slum Area, located in West Delhi on 17th August 2022 in observance of Azadi ka Amrut Mahotsav to celebrate 75 years of Independence. The event was planned under the kind supervision of Seva Bharati Kendra, an NGO working for the welfare of the underprivileged sections of the society. 16 volunteers visited the Area. The focus of the event was to create awareness about the freedom struggle, the evolution of the Tricolour as it is seen today and contributions of the various freedom fighters, among others. To do so, NSS volunteers enthusiastically interacted with the people of the slum, especially the children under the age group of 4 to 15. The unit further conducted ageneral survey to understand the life of the people residing in the slum. In an attempt to end the visit on a hopeful note, a **stationery donation drive** was conducted in the area, distributing more than 50 sets of stationery items including notebooks, pens, pencils and color crayons.







Scan the QR Code to see the Post on the instagram

This activity is given on page 5 of NSS Annual Report 2022-23.

WEBINAR ON "PROTECTION AGAINST SEXUAL ABUSE TOWARDS CHILDREN"

Date: 22 August 2022

Number of students participated: 80

Organizing unit/collaborating agency: Sakshi NGO

Report: In collaboration with Sakshi NGO, a webinar was organised on 22nd August, 2022 on Protection Against Sexual Abuse Towards Children. Dr. Ramya Nisal, the Team Lead of The Rakshin Project of the NGO, was the esteemed speaker of the day. The discussion centre around child sexual abuse. It had various interactive elements and empathetic and enlightening conversations that helped raise awareness about the methods of prevention of the cruelties of child sexual abuse. The attendees, numbering over 80 volunteers, pledge to lead responsible lives and to keep such conversations going.







Glimpses of the event

Scan the QR Code to see the Post on the instagram

This activity is given on page 6 of NSS Annual Report 2022-23.

Health Checkup Camp

Date: 26 September, 2022

Number of students participated: 70

Organizing unit/collaborating agency: Aggarwal Vaishya Welfare trust, Shalimar Bagh

Report: The National Service Scheme unit of Daulat Ram College, University of Delhi, organised Health Checkup Camp in collaboration with Aggarwal Vaishya Welfare trust, Shalimar Bagh on 26th September 2022. The camp started at 9:00 am and continued till 4 pm. The camp has provided free health checkups, such as General Health Checkup, full body checkup, general BMD test, blood sugar test, eye test, ECG etc. A team of 25 doctors and medical attendants along with thirty hardworking and enthusiastic volunteers from the unit strived their best for the successful completion of the camp. The camp was carried out in an immensely systematic and organized manner. The team of doctors has co-operated well with the volunteers. All the students and many teaching and non-teaching staff members of the college took benefit of the health checkup camp and participated for their health updates.









Glimpses of the event

Scan the QR Code to see the Post on the instagram

This activity is given on page 9 of NSS Annual Report 2022-23.

Multiple Food Donation Drive

Date: 9th October, 2022

Number of students participated: 30

Organizing unit/collaborating agency: NSS DRC

Report:

RAILWAY BASTI FOOD DONATION DRIVE-

The National Service Scheme unit of Daulat Ram College organised a Food Donation campaign at the railway basti close to the college under the aegis of Project Itminaan Conducted on 9th October 2022, the donations gathered from our volunteers were given to more than 40 local

households.



NOSTRO DESTINO FOOD DONATION

DRIVE- On January 30 and 31, Daulat Ram College's National Service Scheme unit and Nostro Destino, a nonprofit organisation dedicated to the development of the impoverished, collaborated to organise a food donation.



Scan the OR Code to see the Post on the instagram



TOM UNCLE MAGGI POINT FOOD

DONATION DRIVE: The National Service Scheme unit of Daulat Ram College organised a food donation drive near Tom Uncle Maggi Point on the North Campus in order to support one of its main goals of "Bread for every Breath" and to recognise the importance of food on 25th January, 2023



Scan the QR Code to see the Post on the instagram



Glimpses of the event

This activity is given on page 10 of NSS Annual Report 2022-23.

Fitness and Cleanliness Drive

Date: 19th October 2022

Number of students participated: 51

Organizing unit/collaborating agency: NSS DRC

Report: The National Service Scheme unit of Daulat Ram College, University of Delhi, organised a Cleanliness and Fitness Drive on 19th October 2022. The Cleanliness Drive was part of the "Clean India Campaign 2.0" and in observance of the Mega Swachhta Drive conducted by the Ministry of Youth Affairs and Sports. The Fitness Drive was part of the "Fit India Campaign". 51 students participated in the drive and were accompanied by Programme Officer Dr. Rita Rani, Co-Convenor Dr. Shashi Sharma, and 2 teachers from the NSS Committee. Starting early in the morning, a warm-up session was done which was followed by jogging around the Sports Complex Ground in the college premises twice. The students were then divided into three teams and each team took an area to focus on for the duration of the Cleanliness Drive. The teams divided covered the following areas - College premises, road towards Roop Nagar, and road towards Patel Chest. Over 200kg of waste, segregated into paper and plastic waste, was collected. The garbage collected was handed over to an MCD Garbage Collection Vehicle, stationed in the college premises. Later, the volunteers were once again taken to the Sports Complex Ground where they jogged the perimeter before dispersing for the day.







NSS Volunteers participating in the event holding NSS Banner

This activity is given on page 11 of NSS Annual Report 2022-23.

Sanitation and Cleanliness Drive

Date: 31st October, 2022

Number of students participated: 35

Organizing unit/collaborating agency: NSS DRC

Report: The National Service Scheme unit of Daulat Ram College, University of Delhi, organised Fit India Drive. Cleanliness drive organized on the occasion of national Unity Day on 31October, 2022. As part of the event, volunteers from NSS DRC participated in a combine power walk and sanitation drive in the university's North Campus area.





Scan the QR Code to see the Post on the instagram

Glimpses of the event

This activity is given on page 27 of NSS Annual Report 2022-23.

Teaching Underprivileged Children

Date: 19th November, 2022

Number of students participated: 15

Organizing unit/collaborating agency: NSS DRC

Report: Launched on 20 October 2022 by Ms. Shambhavi and Ms. Shambhavi Ojha under the guidance of Dr. Rita Rani. Its motto is "Ek nayi udaan" Under this Project, Neha and Shivam, the children of Ms. Manisha, a non-teaching staff of the college have received daily tuition, along with the conduction of multiple stationery donation drives.



Educating the underpriviledged



Scan the QR Code to see the Video Post on the instagram

This activity is given on page 17 of NSS Annual Report 2022-23.

Blood Donation Camp

Date: 23rd November, 2022

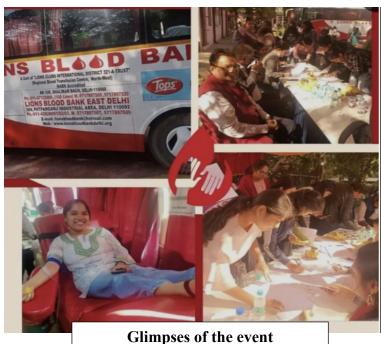
Number of students participated 150

Organizing unit/collaborating agency: NSS DRC in collaboration with Lions Club Delhi

Report: NSS DRC organised a Blood Donation camp in collaboration with Lions Club Delhi North Ex Shakti. With the aid of Lions Club organisation, NSS DRC unfurled a Blood Donation camp where in all vigilante individuals came forth and donated blood for the Greater good. The event sawan enthusiastic response With about 100 units of blood being donated with more than half of the students being first time donors.



Scan the QR Code to see the Post on the instagram



This activity is given on page 26 of NSS Annual Report 2022-23.

CLOTH DONATION DRIVE

Date: 25th November, 2022

Number of students participated: 25

Organizing unit/collaborating agency: NSS DRC

Report: NSS DRC organised a Cloth Donation drive under Project Avni, throughout the month of October, 2022. It was conducted with the aim of distributing sufficient clothing items to underprivileged families, and hence, upholding our ultimate motto of 'Not Me, But You'. The drive saw a successful participation of several zealous volunteers. The drive thrived in full swing for a period of 30 days and finally marked its conclusion on 31st October, 2022. Subsequently, the drive bore fruit on 25th November, 2022, when the collected clothing items were donated to an NGO named the Asha Bhawan Trust of India, which works towards the welfare of homeless individuals as well as those suffering from any addictions.





Scan the QR Code to see the Post on the instagram

This activity is given on page 14 of NSS Annual Report 2022-23.

Self Defence Camp in collaboration with Delhi Police

Date: From 11th to 17th January 2023

Number of students participated: 100

Organizing unit/collaborating agency: NSS Unit in collaboration with Delhi Police

Report: The National Service Scheme unit of Daulat Ram College organised a 15 Day Self Defence Camp in collaboration with Delhi Police. The camp commenced on 20th March 2023 in the Sports Ground of the college and saw an active participation from 100 volunteers. Mr. Shakti Singh, a Karate Instructor working with the Delhi Police, was gracious enough to act as a mentor to the volunteers. The camp began with an orientation where Mr. Shakti emphasised on the importance of self defence and how it can be helpful in everyday life. Every morning, the volunteers had a basic warmup session followed by some yoga asanas. They learnt various self-defence techniques such as kicks, punches and elbow strikes. They were taught how to defend themselves from different types of attacks, including chokes, grabs and strikes. Volunteers thoroughly enjoyed these thrilling activities, including learning how to break tiles. On 30th March 2023, attendees of the camp, along with NSS DRC Union Members, visited the Civil Lines Police Station wherein they were given practical training by police officers on how to defend themselves in real life situations that may prove to be threatening. They were also enlightened about various helpline numbers and how a police station is a safe shelter for them.







Scan the QR Code to see the Post on the instagram

This activity is given on page 28 of NSS Annual Report 2022-23.

Road Safety Awareness Week Celebrations

Date: 11-17 Jan 2023

Number of students participated: 155

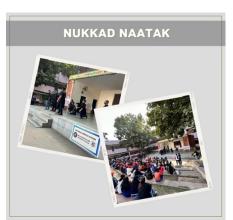
Organizing unit/collaborating agency: NSS DRC in collaboration with Delhi Traffic Police

Report: The National Service Scheme unit of Daulat Ram College, University of Delhi, recently collaborated with the Delhi Traffic Police on 14th January 2023 for the celebration of Road Safety Awareness Week which was observed from 11th to 17th January 2023 as per the guidelines of the Ministry of Transport, Government of India. The initiative aims to focus on imparting valuable knowledge about road safety among the masses. 10 officials from Delhi Traffic Police, including Ms. Seema Sharma, Incharge of Road and Safety Cell at Delhi Police, graced the event held in the college premises, conducted under the guidance of Dr. Rita Rani, the Programme Officer of NSS DRC. Employees of Hero MotoCorp were also present to educate young adults about staying safe when on the road. The day-long celebrations began with a Painting Competition organised by the unit, where 55 students participated with great enthusiasm. The competition was followed by a Nukkad Natak by the Ashmita Theatre group. The celebrations drew to a close with an Awareness Rally being organised in the university campus, which saw more than 100 students from NSS DRC in attendance, who spread the message of road safety with placards and banners.



Scan the QR Code to see the Post on the instagram





This activity is given on page 21 of NSS Annual Report 2022-23.

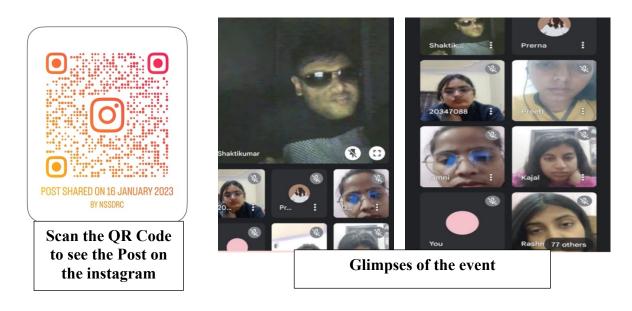
'WEBINAR ON 'ED-TECH MODEL IN BRAILLE'

Date: 13th January, 2023

Number of students participated: 50

Organizing unit/collaborating agency: NSS DRC

Report: On 13th January, 2023 (Friday), as a belated commemoration of World Braille Day, a webinar on the theme, 'Ed-Tech Model in Braille' was organised by NSS DRC in collaboration with Dr. Shakti Aggarwal, a visually-challenged individual and a professor at the Faculty of Law, University of Delhi. The webinar witnessed the enthusiastic and inquisitive participation of more than 50 volunteers across the unit. Dr. Aggarwal briefly spoke about his personal struggles. This was followed by him highlighting the importance of preserving and promoting the usage of braille, Dr. Aggarwal also elaborated upon different modes of communication, particularly those that are technology-oriented, for the blind.



This activity is given on page 19 of NSS Annual Report 2022-23.

PLANTATION DRIVE

Date: 24th January, 2023

Number of students participated: 15

Organizing unit/collaborating agency: NSS DRC

Report: NSS DRC organised the 74th Republic Day celebrations in the college premises on 24th January, 2023. The theme for the day was, "Patriotism in the Shades of Green," to represent fertility, growth and auspiciousness of our Mother Nature. The celebrations began with a plantation drive where Union Members planted saplings in the college grounds to take a step towards a greener tomorrow.





Students doing plantation of saplings



Scan the QR Code to see the Post on the instagram

This activity is given on page 16 of NSS Annual Report 2022-23.

SANITARY KITS: DONATION AND DISTRIBUTION DRIVE

Date: 1st -2nd March, 2023

Number of students participated: 20

Organizing unit/collaborating agency: E-cell, DRC

Report: On 1-2nd March, 2023, NSS DRC, in collaboration with the Entrepreneurship Cell of the college, Organised a Sanitary Kit Donation And Distribution Drive. A Whopping Number of 320 kits were collected, consisting of sanitary napkins, soaps and shampoo sachets. The next step of the drive was marked by its distribution among the needy. Henceforth, volunteers of the NSS DRC unit along with members of E-cell look up the noble initiative of distributing the collected items in a slum area near Mayur Vihar, New Delhi on 4th March, 2023. The Distribution Drive thrive dina full swing wherein the enthusiastic volunteers interacted with the underprivileged women and educate them about menstrual health and hygiene, along with donating the collected kits to them.







Students participating in the donation drive

Scan the QR Code to see the Post on the instagram

This activity is given on page 22 of NSS Annual Report 2022-23.

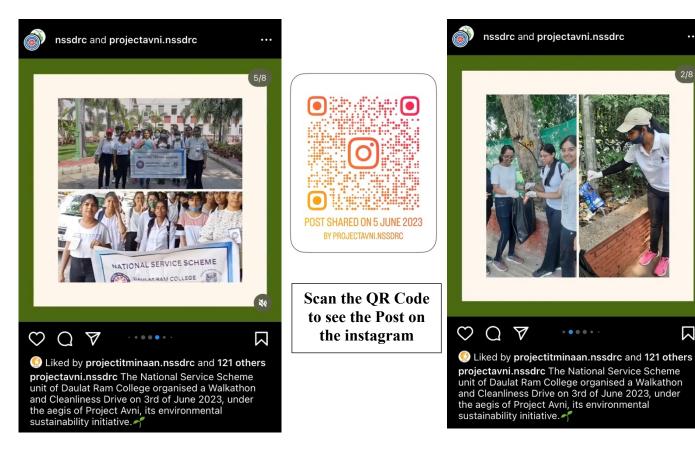
Walkathon and Cleanliness Drive

Date: 3Rd June 2023

Number of students participated: 35

Organizing unit/collaborating agency: NSS DRC

Report: The National Service Scheme unit of Daulat Ram College organised a Walkathon and Cleanliness Drive on 3rd of June 2023, under the aegis of Project Avni, its environmental sustainability initiative. The drive was conducted with the prime objective of spreading awareness regarding public cleanliness and henceforth propounding the idea of public health in and around the college campus.



Yaumna Cleaning Drive under yamuna Sansad

Date: 4 June 2023

Number of students participated: 15

Organizing unit/collaborating agency: ECO Club, DHARA, DRC

Report: Dhara Eco-club and EVS department of Daulat Ram College, University of Delhi have been actively participated in Yamuna Sansad campaign which was held on 4th June 2023. In collaboration with NSS, this campaign was organized to create awareness and save the Yamuna River and approximately one lakh people were gathered along the 22 km stretch of Yamuna River from Wazirabad to Kalindi Kunj and formed the human chain. More than eighteen hundred organization have been participated in this campaign.



This activity is given on page 25 of NSS Annual Report 2022-23.

Helping Visually Challenged Students (VCS) in academic work

Date: Through out the year

Number of students participated: 765

Organizing unit/collaborating agency: NA

Report: The Abling unit is a team under NSS DRC that strives to work for the specially abled students and professors. The work of the Abling unit involves connecting empathetic volunteers with the Visually Challenged Students (VCS) in order to assist them with completing their assignments, recording audiobooks, filling out college forms and acting as scribes during examinations, amongst other things. College tours are also arranged for the Visually Challenged Students. The unit has successfully installed KIBO XS, a VCS assisting device in the library. In the ongoing session of 2021-22, a total of 765 volunteers have been arranged for assistance, and the tally is expected to cross one thousand.













NSS Volunteers helping the VC students

This activity is given on page number 31 of NSS Newsletter 2022-23

https://www.dr.du.ac.in/files/Academics/NSS%20NEWSLETTER%202022-23.pdf#page=31

Army Attachment Camp

Date: 2022-2023

Number of students participated: 2

Organizing unit/collaborating agency: DG NCC, Govt of India

Report: LCPL Neha successfully completed the OTA Chennai Army Attachment Camp. Army attachment camps (AAC) are conducted by the NCC in collaboration with the Indian Army. In this camp, the cadets are taught military tactics, including day and night warfare, and also get familiar with weaponry. The 10-day journey at OTA Chennai was a memorable and lifelong learning experience. During this journey, she learned leadership skills, the relevance of self-confidence, SSB procedure and tips, cane drills, the history of India, and a lot more. At OTA, LCPL Neha and other cadets took lectures on the History of India with Captain Mohit Gautam, and they had an insightful weapon training class on weapons used in the army and Ave firing. The cadets went for firing and fired 5–5 rounds with insas. They also visited Marina Beach, the central secretariat museum, and a gurudwara on the occasion of Guruparv. They also had an OTA museum visit and a White House event, which enlightened them on the history of OTA, how it was formed, and how it is still working efficiently.



This activity is given on page 11 of NCC Annual Report 2022-23.

https://www.dr.du.ac.in/files/NCC/NCC%20Annual%20Report%202022-23.pdf#page=11

NCC activities are listed in College Annual Report 2022-2023,pages 96-98 https://www.dr.du.ac.in/files/Reports/Annual%20Report%20%20FINAL%20%2023.03.2023.pdf #page=98

Donation Drive for blind children

Date: 17th Nov 2022

Number of students participated: 50

Organizing unit/collaborating agency: NCC Daulat Ram College

Report: The cadets of NCC DRC set out to celebrate Children's Day with students of the Government Senior Secondary School for Blind Boys with a powerful sense of individuality and the conviction that our youth are indeed the strength of our country. Eatables, books and clothes were collected for them and donated to them. Sharing our love and respect with them was a wonderful experience. On their way back, the cadets also gave out sweets to the children. We felt a connection of compassion for one another as we smiled. We may have varied roots, but our enthusiasm is still incomparable.



This activity is given on page 12 of NCC Annual Report 2022-23.

https://www.dr.du.ac.in/files/NCC/NCC%20Annual%20Report%202022-23.pdf#page=12

NCC activities are listed in College Annual Report 2022-2023,pages 96-98 https://www.dr.du.ac.in/files/Reports/Annual%20Report%20%20FINAL%20%2023.03.20 23.pdf#page=98

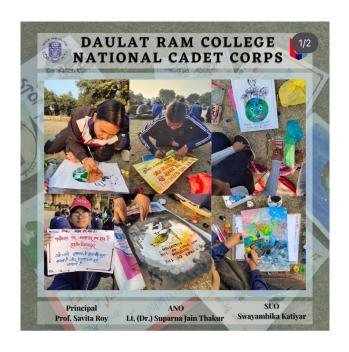
Pollution Awareness Drive

Date: 20th Jan 2023

Number of students participated: 75

Organizing unit/collaborating agency: NCC, Daulat Ram College

Report: DRCNCC initiated a Pollution Awareness Drive on 20th January, 2023, because awareness is the foremost step, to work towards prevention. The Drive certainly served a Nobel purpose. With this motive DRC NCC Coy conducted a Pollution Awareness Drive, that included poster making and slogan writing competitions and a nukkad natak to spread awareness among all.





Scan the QR Code to see the Post on the instagram

This activity is given on page 18 of NCC Annual Report 2022-23.

https://www.dr.du.ac.in/files/NCC/NCC%20Annual%20Report%202022-23.pdf#page=18

Sanitary pad distribution drive in North Campus, Delhi University

Date: 8th March 2023

Number of students participated: 20

Organizing unit/collaborating agency: NCC, Daulat Ram College

Report: Why should the needs of the 300 million women and girls menstruating on any given day remain buried low on the global health agenda? Don't Whisper! Say it out loud. Our cadets donated sanitary pads in the T huts near north campus



Our Cadets spreading awareness about the importance of menstrual hygiene by distributing sanitary pads

This activity is given on page 16 of NCC Annual Report 2022-23.

https://www.dr.du.ac.in/files/NCC/NCC%20Annual%20Report%202022-23.pdf#page=16

NCC activities are listed in College Annual Report 2022-2023,pages 96-98 https://www.dr.du.ac.in/files/Reports/Annual%20Report%20%20FINAL%20%2023.03.2023.pdf #page=98

SHATABADI VRIKSHAROPAN 2022- Plantation Drive

Date: 10th August, 2022

Number of students participated: 55

Organizing unit/collaborating agency: Garden Committee, Daulat Ram College

Report: The centenary plantation drive 'SHATABADI VRIKSHAROPAN' University of Delhi along with Garden Committee of Daulat Ram College held on 10th August, 2022. The aim was to plant one hundred (100) trees simultaneously at multiple sites within the university of Delhi and its college. The principal, DRC and all faculty members of the Garden Committee and students participated in this event. Shatabadi Vriksharopan is an yearly event and is regular celebration of the Garden Committee. It was carried out in the front lawn of Daulat Ram College. It was indeed an eventful day.



This activity is listed in college annual report 2022-23 on the college website on the page number 91.

http://dr.du.ac.in/files/Reports/Annual%20Report%20%20FINAL%20%2023.03.2023.pdf#page =93

Kalptaruh Plantation Drive

Date: 15th July, 2022

Number of students participated: 20

Organizing unit/collaborating agency: Brahma Kumaris and Garden Committee, Daulat Ram

College

Report: Plantation drives are conducted regularly by the garden committee from time to time. The Kalptaruh Plantation Drive was conducted in collaboration with the Brahma kumaris. This initiative helps in encouraging people in and around us to grow more plants. With every new plant potted, we increase the valuable products that we receive from plants.



This event report is also published on Brahma Kumaris web page. https://services.brahmakumaris.com/Details?ID=19275

This activity is mentioned in college annual report 2022-23 on the college website on the page number 91.

http://dr.du.ac.in/files/Reports/Annual%20Report%20%20FINAL%20%2023.03.2023.pdf#page =93